hackneytoday

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Issue 346 12 January 2015



Get on your bike

Annie Mangion, 74, with her cycling instructor Joost Misell, began her biking renaissance after signing up to the New Age Games

ANNIE Mangion, 74, hadn't ridden a bike for over 60 years but she built up the confidence to get back in the saddle thanks to a Council scheme.

Annie signed up to the New Age Games, which offers over 50s free access to a range of different sports, including mountain biking. She then started free cycle training just before Christmas, and is looking forward to developing her skills further this year.

She said: "It's a great idea to get more oldies on the road, my advice would be 'get out there and do it'." **See page 4.**

NEW YEAR, NEW ERA

TENANTS of New Era estate in Hoxton celebrated an extra special Christmas following news that its owners – who wanted to hike rents – had sold the estate to an affordable housing provider.

After months of protests, American investment company Westbrook Partners bowed to pressure and confirmed it would sell the estate, which it bought last year, to housing charity Dolphin Square Foundation.

The campaign attracted national attention when Hackney councillors wrote to residents after finding out that Westbrook planned to increase rents by up to three times current levels and evict existing tenants. The estate had previously been owned by a private trust which had charged affordable rents since the 1930s.

Comedian Russell Brand also supported residents in a high profile campaign, which included a demonstration outside Downing Street, where a petition with more than 300,000 signatures was handed in to Number 10.

Mayor of Hackney, Jules Pipe, and Cabinet Member for Housing, Cllr Philip Glanville, met with Westbrook Partners several times, urging them to sell to an affordable housing provider.

Dolphin Square Foundation has pledged to freeze rents until next year, continue with existing tenancies, and says it is committed to developing a fair rent policy.

The Council welcomed the news but continues to lobby the Mayor of London and the Government to reform the private rented sector.

Cllr Glanville said: "I want to pay tribute to the tenants and their campaign, and hope this change in ownership will ensure a sustainable future for them. Westbrook's plans would have torn the heart out of this community and, while this news will be welcomed by New Era residents, sadly it does nothing to protect other Londoners living in private rented accommodation.

"We need longer tenancies, index linked rent rises, the end of tenant fees and unscrupulous evictions. I hope the support demonstrated will continue and that we can put pressure on the Government and Mayor of London to introduce legislation for a fairer private rented sector."



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Hackney

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Need a New Year challenge? Hackney Today is giving away two places to race the Run Hackney half marathon on 10 May

Running for Hackney

THE Run Hackney half marathon is set to return on 10 May following the success of last year's inaugural race.

The 13.1 mile circular route begins and ends in Hackney Marshes and takes in some of the borough's top landmarks. The race will pass through Hackney Downs, Hackney Central, Broadway Market, Well Street Common, Queen Elizabeth Olympic Park and Mabley Green.

Runners of all ages and abilities are welcome to participate in the fast, closed-road course: from elite athletes to first-time runners.

> "It was a good, flat course. It was a very well organised race and it was nice to run in Hackney"

The first ever race, sponsored by Vitality, delivered impressive results with Kenyan Peter Emase winning the elite men's race in a time of 01:04:19.

He said: "It was a good, flat course. It was a very well organised race and it was nice to run in Hackney."



The Hackney Council-backed event will once again feature a 12-week schools challenge to encourage children to run a mile a week leading up to the half marathon, with the final mile taking place on race day itself.

Runners can choose to take part on behalf of Cancer Research UK, the official national charity partner, or run for their own good causes. Businesses are also being urged to sign up to the 'company challenge' to field a workforce team and raise money.

Entry is £44 for non-affiliated runners and £42 for affiliated runners. A half price concessionary rate is available for residents in receipt of benefits and/or allowances.

To help runners train safely and successfully, three training plans – to suit beginners, improvers and advanced runners respectively – can be found on the website.

Win two places on the Run Hackney half marathon

NEED a New Year challenge? Hackney Today is giving away two places to race the Run Hackney half marathon on 10 May.

This is a race for all abilities and by winning two places you can train and run with a friend.

To win, e-mail: htnews@hackney.gov.uk with the subject title 'Run Hackney', or send a postcard to: Run Hackney competition, Hackney Today, Maurice Bishop House, 17 Reading Lane, E8 1HH, by midday on 21 January. Entries must include a name, address, contact number and e-mail address. Winners will be pulled out of a hat.

MORE INFO

To sign up to the Run Hackney half marathon, visit: **www.runhackney.com.**

More local news and events at:
facebook.com/DestinationHackney;
or: twitter.com/LoveHackney

KEEP UP TO DATE









1. Nurse Eileen Sills; 2. Consultant nurse Matthew Hodson; 3. Waterways volunteer Evelyn Mills; 4-5. Poppy designer Tom Piper

New Year Honours

THE designer of the celebrated Tower of London poppy installation was among the Hackney people to be recognised in this year's New Year Honours list.

Tom Piper, who lives in Stoke Newington, was appointed an MBE along with the co-designer of the artwork Paul Cummins.

More than four million people flocked to see the 888,246 ceramic poppies, each representing a British or allied military death in the First World War.

Tom said: "I was delighted to hear about the MBE and I am extremely proud of the part I have played in this unique collaboration with Paul.

"It has been a real privilege to co-create an artwork which has meant so much to so many people."

Eileen Sills, 52, also from Stoke Newington, was made a dame in recognition of her services to the nursing profession. Eileen, who qualified as a registered nurse in 1983, has been chief nurse at Guy's and St Thomas' hospital since 2005 and director of patient experience since 2012.

> "I feel lucky to have... been part of the transformation in Hackney's education"

She said: "This is the most amazing honour. I can't quite believe it. I have had an amazing 10 years at Guy's and St Thomas' and I would like to thank the staff who work here because this recognition would not have happened without them."



At Homerton hospital, consultant nurse Matthew Hodson was awarded an MBE for services to respiratory care. Matthew, who heads up the team caring for Hackney patients with severe respiratory and lung problems, also won the Nursing Standard's Nurse of the Year award in 2013.

Rebecca Sherrington, Chair of the Association of Respiratory Nurse Specialists, said of his achievement: "Matt has worked incredibly hard to raise the profile of respiratory nursing at a national level, which in turn has inspired and empowered others. He is a leader in his field."

Hackney schools were celebrating, too, after receiving two awards. Tracy Cullen, business manager at Queensbridge Primary School was made a Medallist of the Order of the British Empire (BEM).

Judith Miln, deputy headteacher at Clapton Girls' Academy was made an MBE for services to education. She said: "I am absolutely thrilled. You don't know anything at all about it in advance, it comes as a complete surprise.

"I've been teaching maths, and loving it, since I was 23 so I feel extremely lucky to have found my vocation so early on and to have been part of the transformation in Hackney's education over the last decade too."

Other residents to have been recognised in the Honours list include Evelyn Mills, an administrative officer at Defra and volunteer with the Canal and River Trust, who was presented with a BEM for her conservation efforts.

And David Ramsden, head of the Government's economic service, received a Companion of Honour medal for services to economic policy making.

News in brief

New home ownership dream comes true for Hackney family

A HACKNEY family has moved into the first shared ownership home ever to be sold by the Council.

Mary Mensah, a mother of three, moved into a newly-built four-bedroom townhouse at Brooklime House, Shepherds Lane, Homerton, on 8 December.

The NHS bookings supervisor had brought up her two sons and daughter, all now in higher education, for 24 years just over the road in Marian Court, after purchasing her two-bedroom Council flat there in 2004 through the Right to Buy scheme.

She said: "It's a dream come true, to be in London and to have a big house – and with a garden! I always wanted to move after living in Marian Court for so many years, and I believe this property is a good investment."

The new homes at Brooklime House, and the adjoining Chervil House, are the first shared ownership properties to be built, managed, and sold by the Council.

Shared ownership homes are allocated according to Greater London Authority guidelines. For more info, visit: **www.hackney.gov.uk/h-homebuy**



New home is a 'dream come true' for Mary Mensah

Join Hackney's Fairtrade group

THE Hackney Fairtrade Group is recruiting new members to volunteer for its steering group.

Tasks of the group, which will meet at least three times a year, include: arranging local events and activities that promote Fairtrade in Hackney; promoting the benefits to businesses of stocking and using Fairtrade products; and linking up with other boroughs.

Cllr Jonathan McShane, Cabinet Member for Health, Social Care and Culture, said: "Hackney has been a proud advocate of Fairtrade for nearly seven years.

"Being part of the group is a great opportunity to help our borough become a more responsible society and ultimately make a real difference to the lives of those in developing countries."

Residents don't need to have a background in business or Fairtrade, just an interest in promoting the benefits.

The Council would like to hold the first meeting of the group in the week beginning 19 January.

To get involved, e-mail: **joanne.blackwood@hackney.gov.uk**; or call: **020 8356 4959**.

For more info on Fairtrade visit: **www.fairtrade.org.uk**



feature



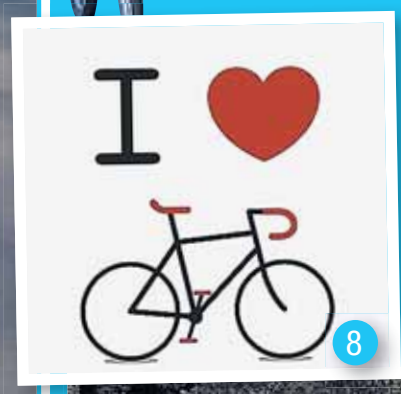












1. Annie Mangion, 74, has found a new love of cycling; 2. The Council encourages older people to get back in the saddle; 3. Free training; 4-6. Biking in Hackney's beautiful spaces; 7. Bike Around the Borough; 8. Love cycling

Time to get back in the saddle?

THE last time Annie Mangion, 74, remembers being on a bike was cycling to school when she was just 13. But thanks to a Council scheme, the pensioner has plucked up the courage to get back in the saddle.

Annie begun her cycling renaissance after signing up to the New Age Games, which offers over 50s free access to a range of different sports and exercises, including mountain biking.

Annie has survived two bouts of cancer and a stroke, and recently had one of her toes amputated, but that hasn't stopped the resilient pensioner from taking up an activity she hadn't tried in over 60 years.

She said: "I've been cycling recently down by the River Lea with the New Age Games on a Friday. I love it, they're all very nice people and we go around Hackney Marshes on mountain bikes. But now I'm ready to start cycling on the roads."

Dinner lady Annie started her cycle training at London Fields just before Christmas, and she's looking forward to going on the road this year.

Taking advantage of the Council's free cycle training has increased her confidence and now she's considering borrowing a bike via Hackney's Cycle Loan Scheme.

It allows residents to test drive a bike of their choice for one month for £10. After four weeks, they can choose to buy the bike at a discounted price, in instalments over six months.

Residents of all ages are being encouraged to take up cycling this year, with the help of both schemes.

> "It's a great idea to get more oldies on the road, my advice would be 'get out there and do it'"



Bike Around the Borough, organised by the Council, provides a chance for young people to practise their cycling skills safely

Annie said: "It's a great idea to get more oldies on the road, my advice would be 'get out there and do it'. Who'd want to be stuck on a stuffy bus when you can cycle?"

Lenval Greer, 27, a newly qualified physiotherapist, is saving around £60 a month on public transport after signing up to the scheme which, as well as a quality bike, also provides a helmet, lock, lights, child seat and other accessories at no extra cost.

He said: "I've always wanted to start cycling but this gave me the incentive to do it. I'd never cycled my commute before but I wanted to give it a try to save some money and to get some exercise. During the month I cycled more than 120 miles to and from work at the Barbican from my home in Hoxton. I've also found it much easier than I thought it would be to get around London and see friends on the bike."

Cassia Maximen bought her bicycle through the loan scheme, following in the footsteps of mum Clair Conliffe who was one of the first to sign up to the scheme.

Cassia said: "It's been the first step to changing my life and it's had a massive impression on my whole family. We use our bikes for work and leisure now!"

Cllr Feryal Demirci, Cabinet Member for Neighbourhoods, added: "If you're thinking about getting fit and saving money in the New Year then I would urge residents – young and old alike – to take advantage of this wonderful opportunity to get a bargain bike and free cycle training."

Hackney has the highest number of people cycling to work in London. The borough also won the prestigious Transport Borough of the Year title at the London Transport Awards last March.

MORE INFO

For more info on cycling, visit: **www.hackney.gov.uk/movebybike**; or call: **020 8356 4891**. For more on the New Age Games, visit: **www.hackney.gov.uk/New-Age-Games**; or call: **020 8356 4897**

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or: twitter.com/LoveHackney
KEEP UP TO DATE





CCTV at Clissold House captures the moment a Second World War bomb is safely detonated; sandbags were used to prevent shrapnel flying (inset)

Bomb safely exploded

AN unexploded Second World War bomb was discovered in a garden close to Clissold Park on 4 January.

The 70-year bomb, believed to be a live, high explosive-filled three inch mortar round – a short distance weapon and more than likely British – was found by a resident, digging his garden.

Police were called and the Council was alerted. Bomb disposal officers moved the mortar as quickly as possible to Clissold Park, in order to detonate it in a safe environment.



An unexploded Second World War bomb was discovered in N16

The park was subsequently closed to the public and the officers took the bomb to an area in the park away from the animal enclosures. The bomb was safely detonated using a small amount of explosives.

Absorbent sandbags were used to cover the bomb and prevent any shrapnel flying out in the blast.

The Council's Park Rangers were also on-hand to ensure the welfare of the park's wildlife and they helped the police clean up after the detonation.

MORE INFO

To view the controlled bomb blast, visit: **news.hackney.gov.uk/unexploded-ww2-bomb-found-in-hackney/**

News in brief

Holocaust Memorial Day is set to take place on 27 January

INTERNATIONAL Holocaust Memorial Day takes place on 27 January. This year it marks the 70th anniversary of the liberation of Auschwitz-Birkenau (the largest Nazi concentration camp) during the Second World War, as well as the 20th anniversary of the genocide in Srebrenica, Bosnia.

The theme for this year's event is 'Keep The Memory Alive', which asks those who have no direct experience of genocide to 'remember' the people killed in such atrocities as well as honouring survivors.

A commemoration ceremony will take place in the Assembly Halls, Hackney Town Hall, at 10am. It will coincide with events across the globe.

The service will include songs, readings and the lighting of candles, before the Speaker of Hackney, Cllr Sharon Patrick, lays a floral tribute at the Holocaust Memorial Tree in the Town Hall Square.

Cllr Patrick said: "As we approach two major genocide anniversaries it is particularly appropriate that this year's theme is all about memory. It enables survivors to be at the heart of Holocaust Memorial Day. It also allows us to remember those terrible events of the past, learn lessons for our future, and ensure past evils are not repeated."

Residents are requested to confirm their attendance, by 20 January, via e-mail: **speaker@hackney.gov.uk**; or call: **020 8356 3591**.



Pupils from Simon Marks Jewish Primary School mark last year's Holocaust Memorial Day

Roland McKoy jailed for life for killing ex-partner Valerie Forde and their 22-month-old baby

HANDYMAN Roland McKoy, 54 (pictured), has been jailed for life for murdering his ex-partner and their daughter.

Valerie Forde, 45, who worked as an office manager for the Hackney Marsh Partnership, and her 22-month-old daughter, Real Jahzara McKoy, were found dead at their home on 31 March last year.

Post-mortem examinations later revealed Valerie had died of multiple injuries and her daughter had died of wounds to the neck. Valerie had suffered up to 17 blows from a hammer, cuts to her face and neck, and eight stab wounds to her stomach.

The handyman attacked Valerie as she got ready to leave for work on 31 March last year – the deadline she had set for him to move out of their home in Oswald's Mead, E9.



Valerie had previously reported McKoy to police on 12 February after he told a neighbour he was going to kill her and her family by burning down the house.

McKoy went on trial at the Old Bailey on 8 December last year. He was convicted of both counts of murder and jailed for life – to serve a minimum of 35 years – on 17 December.

Judge Charles Wide said: "You have been convicted of the deliberate, horrific killing of Valerie and your 22-month-old child, Jahzara. You did it out of spite and resentment."

The Metropolitan Police's Directorate of Professional Standards referred the case to the Independent Police Complaints Commission due to the victim's previous contact with police regarding alleged domestic violence.

Pick up a new skill this year

Part-time courses for adults starting in the New Year

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(Full fee payers only, for non-certificated courses)

Information: Email info@hackney.ac.uk or call 020 7613 9123.
www.hackney.ac.uk

Non-certificated

Course	Day and time	Starts	Ends
Arts and Craft			
Drawing and Painting	Mon 7-9pm	12 Jan	23 Mar
Drawing and Painting	Thu 2-4:30pm	15 Jan	26 Mar
Drawing and Painting	Thu 6:30-8:30pm	15 Jan	26 Mar
Pottery and Ceramics	Tue 3-5:30pm	13 Jan	24 Mar
Pottery and Ceramics	Tue 6:30-8:30pm	13 Jan	24 Mar
Pottery and Ceramics	Wed 12.30-2.30pm	14 Jan	25 Mar
Pottery and Ceramics	Wed 3-5pm	14 Jan	25 Mar
Pottery and Ceramics	Thu 6.30-8.30pm	15 Jan	26 Mar
Car / Motorcycle maintenance			
Car Maintenance	Tue 6:30-8:30pm	13 Jan	24 Mar
Motorcycle Maintenance Beginners	Wed 6:30-9pm	14 Jan	25 Feb
Motorcycle Maintenance Workshop	Tue 6:30-9pm	13 Jan	24 Mar
Clothesmaking			
Clothesmaking Beginners	Mon 7-9pm	12 Jan	23 Mar
Clothesmaking Beginners	Tue 10:30am-1pm	13 Jan	24 Mar
Clothesmaking Intermediate	Wed 1:30-4pm	14 Jan	25 Mar
Clothesmaking Mixed	Tue 7-9pm	13 Jan	24 Mar
Clothesmaking Mixed	Thu 7-9pm	15 Jan	26 Mar
Corsetry	Tue 6:30-8:30pm	13 Jan	24 Mar
Knitting	Thu 6:30-8:30pm	15 Jan	26 Mar
Patchwork	Mon 10am-12pm	12 Jan	23 Mar
Pattern Cutting	Mon 7-9pm	12 Jan	23 Mar

Course	Day and time	Starts	Ends
Cookery			
Cakes and Patisserie	Tue 7-9pm	13 Jan	24 Mar
Cakes and Patisserie	Wed 7-9pm	14 Jan	25 Mar
Cake Decorating Beginners	Mon 7-9pm	12 Jan	23 Mar
Cake Decorating Beginners	Thu 7-9pm	15 Jan	26 Mar
Cake Decorating Intermediate	Sat 10am-2:30pm	17 Jan	14 Feb
Sugar Flower Making	Sat 10am-2:30pm	28 Feb	28 Mar
Food Safety in Catering	Sat 9am-5pm	31 Jan	31 Jan
Dance			
Egyptian Dance Beginners	Wed 6-7:30pm	14 Jan	25 Mar
Driving Theory			
Driving Theory	Mon 7-9pm	12 Jan	23 Feb
Home Maintenance			
Painting and Decorating / Plumbing	Thu 7-9pm	15 Jan	26 Mar
Languages			
Arabic Beginners	Mon 7-9pm	12 Jan	23 Mar
French Beginners	Tue 7-9pm	13 Jan	24 Mar
French Improvers	Thu 7-9pm	15 Jan	26 Mar
Spanish Beginners	Wed 7-9pm	14 Jan	25 Mar
Spanish Improvers	Tue 7-9pm	13 Jan	24 Mar
Swahili Beginners	Thu 7-9pm	15 Jan	26 Mar
Swahili Improvers	Wed 7-9pm	14 Jan	25 Mar
Turkish Beginners	Thu 7-9pm	15 Jan	26 Mar

Course	Day and time	Starts	Ends
Music			
Guitar Beginners	Wed 7-8:30pm	14 Jan	25 Mar
Guitar Improvers	Wed 7:30-9:30pm	14 Jan	25 Mar
Singing Workshop Beginners	Mon 7-9pm	12 Jan	23 Mar
Photography			
DSLR Street Photography	Sat 10am-5pm	24 Jan	24 Jan
DSLR Street Photography	Sat 10am-5pm	14 Mar	14 Mar
DSLR Portrait	Sat 10am-5pm	7 Feb	7 Feb
DSLR Portrait	Sat 10am-5pm	28 Mar	28 Mar
Photography Beginners	Mon 6:30-9pm	12 Jan	23 Mar
Photography Beginners	Tue 6:30-9pm	13 Jan	24 Mar
Photography Intermediate	Thu 6:30-9pm	15 Jan	26 Mar
Tiling			
Wall Tiling	Sat 9am-3:30pm	14 Jan	14 Jan
Floor Tiling	Sat 9am-3:30pm	7 Mar	7 Mar

Certificated courses

Course	Day and time	Starts	Ends
Bookkeeping			
Bookkeeping level 1	Sat 10am-1pm	17 Jan	28 Mar
Bookkeeping level 2	Sat 1:30-4:30pm	17 Jan	28 Mar
Counselling			
Introduction to Counselling Skills	Thu 6-9pm	15 Jan	26 Mar

Information correct at time of going to press.
All courses are held at Hackney Community College, Shoreditch Campus, Falkirk Street, N1 6HQ.

www.hackney.ac.uk

Hackney Community College



The Boxing Academy offers an alternative education pathway for students aged 13-16

DID YOU KNOW?









4. Pod Leader and amateur boxer Jermaine Williams; 5. PE class; 6. Tashon Russell, 15; 7. Tatum Defreitas, 15; 8. Skye Allen-Gulley, 14









Photos: Adam Holt

1. Pod leader Jamie-Lee Barron helps Tashon Russell, 15, with his English work; 2. Anna Cain, Chief Executive & head at the Boxing Academy with the Pride of Sport award; 3. Lanre Alafe, 15, during his PE class

Boxing clever at education charity

By **Hattie Worsley**

TWO boys duck and weave in a boxing ring, to one side three more pound the bags. A faint smell of sweat hangs in the air, along with an atmosphere of intense focus.

Upstairs students are sitting mock GCSEs. This is the Boxing Academy, a Hackney charity whose mission is to support young people who are in danger of exclusion from education.

Combining education and mentoring with the discipline of boxing, it has been quietly changing the lives of students aged 13 to 16 since 2010. At the end of last year it came under the spotlight, winning the Daily Mirror's inaugural Pride of Sport award in the category of Community Sports Project of the Year.

"We still can't really believe it," says Anna Cain, head of the academy, adding: "Our students are the ones that mainstream schools just couldn't cope with, if they couldn't refer them to us they would be excluded. Some are on the cusp of serious criminality or antisocial behaviour. At 13, there's still time to turn that around. In a few years you have missed the boat – so we have to make sure we give them that something better."

Some 87 per cent of the young people imprisoned in the UK have been excluded from school. But 90 per cent of the kids who have gone through the Boxing Academy have gone on to college or training.

"We don't exclude, ever," Anna adds. "A lot of our students come here having learnt that acting up is a way of getting out of school.

> "Our students are the ones that mainstream schools just couldn't cope with"



Assistant headteacher, Jordan Clarke, helps with Tyrese Curry, 15

Here, if you get rowdy, you will be taken out of class to cool down. Then you will go back in and apologise. You will make up the time you lost and maybe do the washing up or some sit-ups afterwards as a punishment. There are no excuses and we don't give in."

From the adjacent room, there is the sound of slamming doors. A few minutes later a sheepish looking youth emerges with an adult mentor. "Have you been to cool down?" asks Anna. He nods, and returns to class.

The academy's success is built on mentors, or 'pod leaders'. Each class has just eight students, a teacher and pod leader. Always a professional boxer, they assume the role of mentor and behaviour manager, leaving the teacher free to focus on education.

Anna believes the rigour, discipline and street cred of being a boxer makes them uniquely suitable to the job. She says: "They build relationships with the students, but also make them do press ups if they're late, or turn up to their home and drag them out of bed if they fail to show up."

Skye Allen-Gulley, 14, agrees. She says: "Pod leaders understand where we come from. I was kicked out of mainstream school because I used to talk in class and get into trouble. It would escalate because I never thought it was my fault, so I'd get angry.

"When I arrived here, I thought my pod leader was just punishing me to be mean. Now, I realise that the strictness is all to help me make my way when I'm out of here and there's no one to check up on me. I've learnt to take responsibility."

The academy's 40 pupils follow a standard school day. All students take GCSEs in maths, English, PE, ICT and RE. Boxing is also written into the curriculum.

Tatum Defreitas, 15, has been at the academy for two years. She says: "I hadn't done any boxing before I arrived, but I've found it a good way of expressing my feelings. Before, people would say things and I would rise to it and it would get me into trouble. Here, you take it all out in the ring and then it's over. I've improved so much."

MORE INFO

For more info on the Boxing Academy, visit: **www.theboxingacademy.co.uk**

feature

The best of Hackney 14

January



THE man behind the Moshi Monsters phenomenon, entrepreneur Michael Acton Smith (right), was appointed an OBE for services to the creative industries. Other people living or working in Hackney to feature in 2014's New Year's Honours list were Mike Bracken, for his work in digital public services and the voluntary sector, and Rev Clinton Paul McFarlane, business support manager for the Office of the Parliamentary Counsel.

A ceremony at Hackney Town Hall on 24 January brought together people of different ages, faiths and backgrounds to commemorate Holocaust Memorial Day. The theme was 'journeys'.



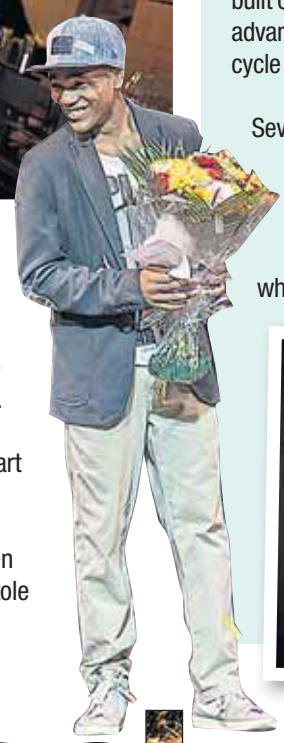
The New Age Games winter programme of free sporting activities (left) began, inspiring older residents to take up exercise. The free, Council-run scheme is designed to give the over 50s more opportunities to stay active.

February



DALSTON'S leading nightspots (above) joined forces with residents and an estate agent to raise money for an innovative charitable fund. Dalston Bridge aims to plough some of the money generated by the area's booming nightlife and property market back into Hackney charities.

Some of Hackney's brightest young talent took part in the finals of the annual Alter Ego competition on 7 February. Dancers, singers and rappers showcased their skills at Hackney Empire. Spoken word artist Di-Andre Ebanks Silvera, 13, (right) stole the show, winning first prize.



March



HACKNEY picked up a top award for its sustainable transport and cycling initiatives. It won the prestigious Transport Borough of the Year title at the London Transport Awards on 6 March. Judges said the borough had built on its reputation for innovation in cycling with further advances in bike parking and monitoring progress through cycle counters and apps.

Seven companies were honoured at the Mayor of Hackney's Business Awards on 20 March. With over 9,000 businesses – from market traders to international creative design agencies – Hackney is home to a vast array of entrepreneurial talent, including 90 Main Yard, which won the People's Choice award (below).





April



'PETS in the Park', a community day for pet owners (inset), took place at Clissold Park on 26 April.

Young resident Jermain Jackman (right) won the hit BBC talent contest, 'The Voice' on 6 April. The former member of Hackney Youth Parliament was dubbed the 'singing politician'.

The whole of Queen Elizabeth Olympic Park (below) opened to the public on 5 April for the first time since London 2012. It was the culmination of 18 months of work by the London Legacy Development Corporation to transform the site of the Olympic and Paralympic Games into London's newest park, the north west of which is in Hackney.



May



HACKNEY'S Mayor, Jules Pipe (above), was re-elected for a fourth term on 23 May, with Labour retaining overall control of the Council. The borough was a sea of red, with Labour winning all but seven of the 57 seats on the Council. Mayor Pipe won 40,858 votes, securing 59 per cent of residents' first choice preferences.

Communities across Hackney came together to celebrate International Neighbours Day and The Big Lunch on 31 May (right).



June



AN exhibition, featuring images charting the changing face of the capital since the end of the Second World War, opened at Hackney Museum on 24 June. 'London Life: Photographs by Colin O'Brien' captured city life from 1948 to the present day (above).

Almost 400 pupils from 26 Hackney schools joined Bike Around The Borough on 12 June – one of London's largest-ever bike rides for young people.

Over 12,500 people took part in the first ever Run Hackney half marathon on 22 June. Thousands of supporters lined the streets to cheer on runners (inset).







July



HACKNEY was gripped by cycle fever as the Tour de France sped through the borough on 7 July (above). Crowds lined the streets to cheer on cyclists in the world famous race.

Over 500 team members, aged 11 to 17, celebrated after achieving the borough's highest-ever position in the London Youth Games, coming sixth overall. Hackney took home 56 individual medals and was named 'most improved borough'.



The 125th anniversary of Clissold Park was marked on 24 July by the re-staging of photographs taken in the late 19th and early 20th centuries (left).

August

HACKNEY students celebrated as A-level results bucked a national downward trend. Young people in the borough achieved an average 98 per cent pass rate. Students also celebrated their GCSE results (inset), with 91 per cent of the first ever cohort of students at The City Academy getting five or more A* to C grades.

The sacrifices of servicemen and women in the First World War were remembered on the eve of the centenary of the conflict. Former members of the armed forces, civic dignitaries, faith leaders, schoolchildren and cadets were among those who paid tribute to those who served and died during the 1914-1918 conflict at a ceremony in Hackney Town Hall Square on 3 August (below).



September



VISITORS and residents alike came out to dance in the streets for Hackney One Carnival on 14 September (above). Feather headpieces, bikinis, glitter, body paint and sky-high costumes were worn by performers who partied to the sounds of Brazilian, salsa, steel band and dancehall music.

Some 43 of Hackney's most interesting buildings and spaces (below) opened their doors to the public for free, on 20 and 21 September, for Open House London. The programme also included free neighbourhood walks, architects' talks, workshops and tours.



Hackney Today looks back on another amazing year – from the first ever Run Hackney half marathon to a spectacular public fireworks show

October

A SEASON of free events, exhibitions and cultural activities took place to celebrate Black History Month in Hackney. Highlights included the launch of three exhibitions at Hackney Museum: 'Strike A Pose', 'What A Journey! Retired Caribbean Nurses And The NHS' (below) and 'Who Were The Slave-owners Of Hackney?'

A record number of young people voted in 2014's Hackney Youth Parliament elections. Some 7,441 youngsters – almost 50 per cent of the borough's 11 to 19-year-olds – voted in the weeks leading up to election day on 15 October.

The Trampery Fashion Lab opened on 20 October offering shared work space for up-and-coming fashion designers. Top names in the industry joined forces with the Council to help budding designers access state-of-the-art equipment.



November



THE borough's first public fireworks in a decade took place on 8 November in Clissold Park, Stoke Newington (above). The spectacular fireworks display was synchronised to music, with illuminated stilt-walkers, fire-dancers and an aerialist performing inside an 11 metre-high installation.

Hackney Sports Awards took place in front of a sold-out Hackney Empire on 4 November. It recognised some outstanding sporting achievements by residents young and old.

A beautiful mosaic was unveiled in Hackney Downs by comedian Russell Brand (right) on 6 November. The artwork is the third in a series by artist Tessa Hunkin working with residents.



December



GLITZ, glamour, soul and an abundance of magic made the 2014 Hackney Empire panto, 'Mother Goose', our favourite yet (above). The audience was transported to the world of Hackneytopia – a place not so far, far away – bursting with enchantment, a giant goose and a man in drag: Clive Rowe.

Floodlights were installed to illuminate London Fields Lido. This has allowed opening hours at the outdoor heated pool to be extended from 6.30am to 9pm, all year round, from 2 December.

Older residents thronged to Hackney Homes' annual Winter Warmer event. The gathering, on 3 December, attracted over 400 residents who picked up information, tips and advice on how to stay healthy, warm and active during the winter months (right).



Do you want to make a difference in Hackney?
Do you have a couple of hours to spare each week?

If you do, then come and join the Volunteering and Befriending Service!





We're looking for volunteers to spend 1-2 hours a week with someone in Hackney to help them feel less lonely. Whether it's over a cup of tea, on the phone or going for a walk, your time will mean something. As well as making a difference, you will receive full training and support.

You don't need any qualifications or experience, just enthusiasm and a desire to help Hackney.

You can make new friends, gain experience and enjoy our social celebrations – but you'll definitely make a difference. Please call or email Outward to join our volunteers in 2015. Thank you.



outward

INVESTING IN VOLUNTEERS

HVBS, Unit 2, 15 Ramsgate Street, E8 2FD.
020 7275 9829. hackneyvolunteers@outward.org.uk

Outward is a registered charity. Service funded by the London Borough of Hackney as part of the Targeted Preventative Service.

Hackney is one of the most diverse places in the UK. In this regular feature, we profile the borough's great & good or just plain interesting

hackneypeople

Free range urban kids



Photo: Adam Holt

Hayley Mitchell, co-founder of Hackney's first outdoor nursery, in Millfields Park, encourages urban children to get their hands dirty from a young age

By **Hattie Worsley**

HAYLEY Mitchell, co-founder of Hackney's first outdoor nursery, is making a mud pie. Around her, toddlers in full waterproofs are building dens, poking leaves with sticks and clambering across a fallen tree. It looks like a quintessentially rural scene. In fact, we are in Millfields Park, just a few yards away from the busy Chatsworth Road.

"These are urban kids and this is only our second term," says Hayley. "So it's amazing to see the progress they've made. Initially, even the concept of getting muddy hands or walking on uneven terrain was a new sensory experience for some of them. One child refused to get out of the buggy at first, now he throws on his waterproofs and doesn't look back."

Founded last November, Free Range Urban Kids accepts children aged two to five and runs on Forest School principles, meaning the children are outdoors all the time, in all seasons, rain or shine.

Fortunately, the site includes a small strip of woodland where the children are naturally sheltered from rain and wind. Tarpaulins are also strung between trees to cover specific areas where children can play musical instruments, make natural art with mud and leaves, or slurp warm drinks and homemade soup at snack and story time.

"We plan activities for every session," explains Hayley. Adding: "They respond to the season and environment. We've been learning lots about mushrooms recently, so the kids know they don't just come from the supermarket. By week four, though, the kids were saying, 'we want to build dens today! We want to climb trees!'

> **"The increase in the children's confidence, calmness and creativity has been a real highlight"**

"It's great when they want to take the lead. The increase in their confidence, calmness and creativity has been a real highlight."

The sessions are run by a qualified primary school teacher and Forest School practitioner who are supported by a team of three. Currently, they welcome 12 children per two hour session.

However, since 95 per cent of the children who have taken part in a trial session have subsequently signed up for a full term, Hayley and her co-founder Elizabeth Hassay plan to expand, offering full time childcare, five days a week, as soon as their Ofsted registration is complete.

"There are around 15,000 families with under fives in Hackney," says Hayley. "City life is so exciting for kids, but they are also bombarded with noise and adverts… it can be overstimulating.

"It's great to get away for a couple of hours but not everyone knows about the extraordinary green spaces in Hackney. I've lived here for 15 years. But it wasn't till I was pregnant with my son, who's now three, that I started exploring and found Hackney Marshes, the Lee Valley, Wick Woodland, the filter beds… A dazzling range of biodiversity and it's all on our doorstep."

Wanting their own children to enjoy these natural resources, Elizabeth and Hayley began exploring the possibility of an outdoor nursery for Hackney's under fives in 2013.

She says: "We were blown away by the support. We worked with the Council to secure the site and they were really supportive. I did my Forest School training here in the borough and Hackney schools are really embracing the Forest School ethos.

"It's been a wonderful start," she says, smiling. "Soon, we'll be opening full-time, and then we would love to find funding for low-income families. Inclusivity is central to Forest School's principles. We have big plans."

Curriculum Vitae: Hayley Mitchell

1972	Born in Brighton
1997	Graduates from the London College of Fashion Daughter Ella born
1999	Moves to Hackney
2011	Son, Zephyr, born
2011	Leaves job as PR Manager at the Arcadia Group
2013	Plans outdoor nursery with friend, Elizabeth Hassay
2014	Starts Forest School training
2014	Launches Free Range Urban Kids

MORE INFO

For more info, visit: **www.facebook.com/freerangeurbankids**; or e-mail: **info@freerangeurbankids.com**

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www.hackney.gov.uk/give-or-take

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manor house development trust

Hackney

Produced by Hackney Design, Communications & Print • November 2014 • PJ57577



THE GREEN GENIE

All your green questions answered

Q: I'm getting a new washing machine and sofa in the January sales. What should I do with my old ones?

A: The company that sells you your new washing machine should be able to collect your old one at the same time. If not, and the washing machine still works, you could advertise it on a website like Freecycle or Gumtree. If your washing machine has broken, the Council's bulky waste service will collect it and recycle it (see info below).

If the sofa has a fire safety label on it (all sofas made since 1988 should do) Homestore will collect it for free and use it to help local families on low incomes.
Book a free collection with Homestore at: **www.hackney.gov.uk/furniture**; or call: **020 8519 6264**.
If the sofa is no longer in a decent state, book a bulky waste collection at: **www.hackney.gov.uk/bulkywaste**
Alternatively, visit: **hackneyfreecycle.org.uk**; or: **www.gumtree.com/all/hackney**



MORE INFO

To ask the Genie a question, e-mail: **recycling@hackney.gov.uk**, or write to: **Green Genie, Recycling, Keltan House, 89-115 Mare Street, E8 4RU**. For more information on recycling in the borough call: **020 8356 6688**, or visit: **www.hackney.gov.uk/recycling**







1. New food growing garden on Webb estate; 2. Warming up by the fire; 3. Homemade wreath

Growing food glorious food

AN unused area of Clapton has been turned into a community garden thanks to the hard work of green-fingered residents.

The project, supported by Hackney Homes and charity Groundwork, developed a food growing garden on the Webb Estate. Residents were involved throughout the planning and building of the new garden, and their efforts were recognised with a certificate presentation.

Fabiana De Lazzer, chair of the estate tenants and residents committee, said: "The project has been great for bringing everyone together. It also gets the children involved in gardening. We've seen new faces and new families as a result of the garden. It's also rewarding to know we've grown our own vegetables."

> "The project has been great for bringing everyone together. It also gets the children involved in gardening"

Young and old alike attended the official opening of the garden on 13 December, and gathered to enjoy hot chocolate and homemade cakes around a fire. Many of the young people also helped make Christmas wreaths using foliage from the garden.

Estate residents interested in gardening have been allocated a space to plant vegetables, herbs or flowers. Courgettes, tomatoes, garlic and onions are just some of the vegetables that have been planted, with many gardeners sharing and exchanging food.

Ruth Arnott, from Groundwork, said: "The residents' endless enthusiasm has been the driving force behind the creation of this treasured community garden. It's been a pleasure working alongside residents and watching the garden thrive."

Cllr Philip Glanville, Cabinet Member for Housing, added: "This project builds on the community spirit of the area by bringing residents together to achieve a common goal. It's also a great way of improving the health and wellbeing of residents."

MORE INFO

If you are interested in starting a community project where you live, call: **020 8356 7845**

Dog owners urged not to allow their pets to damage trees and park property

RESIDENTS are being asked to report dog owners who allow their animals to damage trees following a spate of incidents on Stoke Newington Common.

Bark has been stripped from trunks and branches chewed by dogs. This sort of damage can kill a tree. Play equipment has also been vandalised.

It is believed this could be the result of irresponsible owners training dogs for fights.

Cllr Jonathan McShane, Cabinet Member for Health, Social Care and Culture, said: "The damage is being caused by a very small number of dog owners allowing or encouraging their animals to attack trees and park property. We are asking residents to be vigilant and report incidents when they see them. We do not want to lose any of our trees as result of a minority of thoughtless dog owners."

To report damage, contact the Council's parks team by e-mail on: **parks@hackney.gov.uk**; or call: **020 8356 8428**.

Residents who see an incident taking place with a dog should call their local police safer neighbourhood team on: **020 8721 2340**; or: **0300 123 1212** in non-emergency circumstances. Dial **101** for urgent problems.



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*Based on a 40% share.

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email mhosales@metropolitan.org.uk
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Hackney

Consultation on proposed school admission arrangements for the school year beginning in September 2016

UNDERTAKEN BY HACKNEY LEARNING TRUST

There are no changes proposed by Hackney Learning Trust to the admission arrangements for community schools.

The governing bodies of voluntary aided schools are required to consult on the admission arrangements they are proposing, if these include any changes from previous years.

Similarly, the Academy Trusts (proprietors) of academies are required to consult if there are proposed changes to the Academy admission arrangements.

Consultation is not required if the only proposed change is to increase the school's proposed admission number (PAN).

The consultation is open for responses by the parents of all children between the ages of two and eighteen, religious authorities operating faith schools in Hackney, other individuals or groups in Hackney with an interest (for example, community groups), neighbouring local authorities and the governing bodies of all schools in Hackney save for independent schools.

THE CONSULTATION COMMENCES ON **Monday 5 January 2015** and will conclude on **Sunday 1 March 2015.**

THERE WILL BE A PUBLIC DROP-IN SESSION ON
Thursday 22 January 2015 from **5.30pm–7.00pm** at Hackney Learning Trust, 1 Reading Lane, E8 1GQ.

The proposed admission arrangements for any voluntary aided schools/academies proposing changes can be viewed and downloaded from Hackney Learning Trust's website at www.learningtrust.co.uk. Alternatively for a paper copy please contact Marian.Lavelle@learningtrust.co.uk on 020 8820 7396. These documents are available on and from 5 January 2015.

Any comments on the above documents should be sent **no later than 1 March 2015** to **Marian Lavelle** at **Hackney Learning Trust, 1 Reading Lane, E8 1GQ** or emailed to the above address.

Hackney

hackney learning trust



Exciting volunteer opportunity!

Primary School governor with human resources experience needed

A diverse and vibrant school in Clapton is looking for a governor with HR experience and, more importantly, someone who is interested in the local community.

Some of the tasks you may be involved in:

- helping to establish policies and the budget
- Performance Management of the Head teacher and Deputy Heads
- sitting on review panels

All we ask is for you to give about 20hrs per term of your time to attend meetings and training.

No need to be an 'expert' in education – just a willingness to learn and a desire to contribute.

If interested, please email governors@rushmore.hackney.sch.uk with your CV.

Rushmore Primary School

what's on

TOP FIVE

There's so much to do in and around Hackney. From theatre to club nights, art exhibitions to community events. Here's our pick of what's on this fortnight:

1. THE DEATH OF BRONSON

Salute the life of Charles Bronson with a celebration of his unique art and literature

▸ See Art & Exhibitions

2. NATURAL PRODUCTS WORKSHOP

Learn how to make beauty products using natural ingredients

▸ See Courses

3. KRANKBROTHER

Shake off the January blues with DJ and producer Avalon Emerson

▸ See Nightlife

4. CIRQUE BERSERK

Combining circus skills and artistry with all the thrills, spills and laughs of the big top

▸ See Theatre & Live Entertainment

5. TREE PLANTING

Help plant trees on Hackney Marshes with the Tree Musketeers and Hackney Community Tree Nursery

▸ See Noticeboard

ART & EXHIBITIONS
CINEMA
COURSES
HEALTH, FITNESS & SPORT
YOUNG PEOPLE
NIGHTLIFE
THEATRE & LIVE ENTERTAINMENT
NOTICEBOARD









London Short Film Festival (LSFF) films including: 1. 'He Took His Skin Off For Me'; 2. 'Flabzilla'; 3. 'Jellyfish'; 4. 'One Behind'

PREVIEW

London Short Film Festival (LSFF)

Until 18 January, various venues including Hackney Picturehouse

THE biggest showcase of UK short films runs until 18 January in venues across London including Hackney Picturehouse, E8, and Oval Space, E2.

Now in its twelth year, LSFF received a record 1,500 number of submissions, from home and abroad. With over 45 events and screenings scheduled at the Hackney Picturehouse alone, this is a real snapshot of 21st century Britain – with love stories, horror, comedy, documentary, music and lo-budget gems. Themed programmes include old favourites F*cked Up Love, Lo-Budget Mayhem, Night of the Living Docs, Surreal Worlds and Funny Sh*t, to new kids on the block such as Tales of the Unexpected, WTF: Outside the Box, Gothic! and A Musical Box.

"We're not here to entertain you, we're here to make you feel uncomfortable," they say, quoting surrealist filmmaker Luis Buñuel.

▸ For more info, visit: www.shortfilms.org.uk/lsff12/

also in what's on

NIGHTLIFE



HEALTH, FITNESS & SPORT





Korean artist and film maker Park Chan-kyong at Iniva

Events info can also be viewed on the Council's website: www.hackney.gov.uk/whatson

DID YOU KNOW?

ART & EXHIBITIONS

THE DEATH OF BRONSON

Until 22 Jan, 11am-6pm

Salute the life of the UK's most famous prisoner Charles Bronson with a celebration of his unique art and literature. Bronson changed his name to Salvador in tribute to Dali. Bronson died in 2014. "It's a peaceful journey from here on...Coz my heart is at peace and my mind is set on art." Free. Apiary Studios, 458 Hackney Rd, E2 9EG. **Info: 020 7033 6806;** www.guerrillazoo.com/death-of-bronson

HERITAGE

Until 31 Jan, various opening times

A collaboration between Levan Mindiashvili, Tato Akhalkatsishvili, Uta Bekaia, Irakli Bugiani and Cristian Tonheiser. The long-time friends embarked on an investigation of 'the historical, social and cultural constructions and how these come to be integral parts of the biological, mental and physical heritage of an individual'. Free. Rich Mix, 35-47 Bethnal Green Rd, E1 6LA. **Info: 020 7613 7498;** www.richmix.org.uk/whats-on/event/heritage



KATY MORAN

15 Jan-8 Mar, various opening times

This 'Katy Moran' exhibition presents a survey of her work over 10 years of practice. Earlier paintings have more dynamic brushstrokes with rich colours, while later works are more structured and detailed achieving a concentration of energy. Free. Parasol Unit foundation for contemporary art, 14 Wharf Rd, N1 7RW. **Info: 020 7490 7373;** www.parasol-unit.org/katy-moran

HUMAN NATURE

16 Jan-21 Feb, 10am-6pm

This exhibition brings together the work of three photographers, exploring the relationship between mankind and the landscape, and its impact upon the surrounding environment. South Korean photographer, Boomoon, engages with the natural landscape in his work as a means of self-reflection. Mona Kuhn and Nadav Kander also feature. Flowers Gallery, 82 Kingsland Rd, E2 8DP. **Info: 020 7920 7777;** www.flowersgallery.com

CINEMA

RIO

The Theory Of Everything (12A); Whiplash (15); Concerning Violence (15). Rio Cinema, 107 Kingsland High St, Dalston, E8 2PB. **Info: 020 7241 9410;** www.riocinema.ndirect.co.uk

RICH MIX

Foxcatcher (15); Birdman (15); The Theory Of Everything (12A); Paddington (PG). Rich Mix, 35-47 Bethnal Green Rd, E1 6LA. **Info: 020 7613 7498;** www.richmix.org.uk

HACKNEY PICTUREHOUSE

Birdman (15); Foxcatcher (15); The Imitation Game (12A); Penguins Of Madagascar 2D (U); Paddington (PG); The Theory Of Everything (12A). Hackney Picturehouse, 270 Mare St, E8 1HE. **Info: 0871 902 5734;** www.picturehouses.co.uk/cinema/hackney_picturehouse

COURSES



BEGINNERS CERAMICS COURSE

Every Mon, 12 Jan-23 Mar, 10am-12noon

The course aims to explore clay as a material, using various methods of hand-building construction, such as pinching, coiling, slabbing and press-moulding along with basic throwing. Students will be encouraged to work on individual pieces at their own pace to expand their creativity and develop personal projects. £25. Ages 18+. The Centre for Better Health, 1a Darnley Rd, E9 6QH. **Info: 020 8985 3570;** www.centreforbetterhealth.org.uk/beginners-ceramics

DRAWING CLASSES

Every Wed, from 14 Jan, 6.30-8.30pm

A 10-week term provides a solid grounding in drawing from observation. The classes will be based around alternative and varied scenes, drawing from models, props, projections and more. All levels. Bring your own paper and drawing materials. Drawing boards and charcoal provided. £12/10 conc per class. Discounts available via website. Ages 18+. The Others, 6 & 8 Manor Rd, N16 5SA. **Info:** www.rootdrawing.com/classes-for-adults-2/

MAKE YOUR OWN NATURAL BEAUTY PRODUCTS

16 Jan, 12noon-4pm

A practical workshop where you will learn how to make beauty products using natural ingredients that you can take home or make as gifts. Booking essential. Free. Ages 18+. Tenants Community Hall, Navarino Mansions, Dalston Lane, E8 1LB. **Info: 07950 220 214;** corner.space@ymail.com

CAKE DECORATING: INTRODUCTION

17 Jan, 10am-1pm

Gain the knowledge and skills needed to decorate cakes using butter cream and sugar paste. This workshop is ideal for beginners or as a refresher. £35. Ages 18+. Unit 24-25, The Forum, Independent Place, Shacklewell Lane, E8 2HE. **Info: 020 7249 4542;** htea@live.co.uk; www.htea1.com

INTRODUCTION TO GARMENT ALTERATIONS

18 Jan, 11am-5pm

Learn simple machine and hand sewing techniques to re-tailor, re-fashion or repair your clothes. Practical and creative techniques will be practised on fabric then work directly on your own clothes. £50/45 conc. All materials included. Booking essential. Ages 16+. Fabrications, 7 Broadway Market, E8 4PH. **Info: 020 7275 8043;** www.fabrications1.co.uk



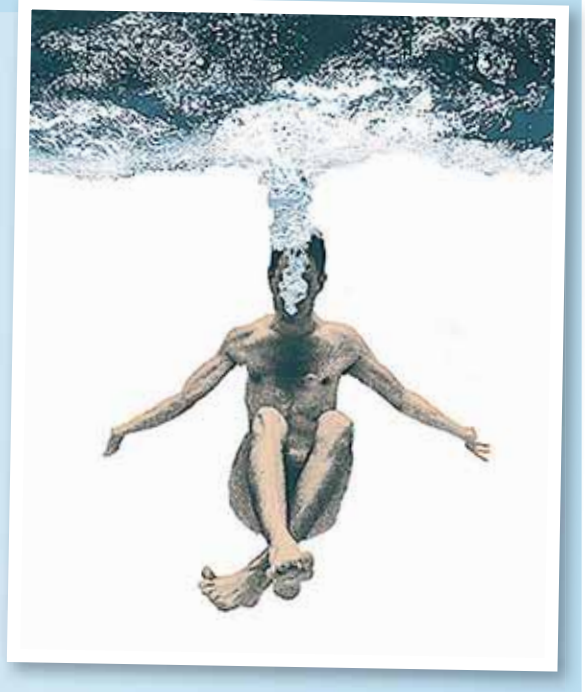
AFRO GROOVES WORKSHOP

18 Jan, 10am-2pm

Learn contemporary African dance movements that are perfected through ongoing study of various styles from Ghana, Kenya, Guinea, Latin, hip-hop, dancehall and jazz. Workshops feature guest artist Yenenesh Nigusse. £10/5 conc/10 family of four. Rich Mix, 35-47 Bethnal Green Rd, Shoreditch, E1 6LA. **Info: 020 7613 7498;** www.richmix.org.uk/whats-on/event/afro-grooves-workshop

Competition

Win tickets to 'The Mikvah Project' at the Yard Theatre



MULTI-award winning theatre The Yard has launched its spring programme, beginning with 'The Mikvah Project'.

The play, directed by Jay Miller, explores the limits of love. Two men, who are seeking change, immerse themselves in the holy water of the Mikvah, participating in a traditional Jewish ritual to help achieve purity, every Friday.

Avi sings like an angel, likes his job and has no children; Isaac's voice is breaking,and is at college. The duo talk about football, their faith and women and as their bond deepens, a transformation begins.

Written by acclaimed new writer Josh Azouz, the play features an on-stage Mikvah and live singing for a story where two bodies meet and two worlds collide. 'The Mikvah Project' is showing from 17 February to 14 March. **For info, visit: www.theyardtheatre.co.uk**

Hackney Today is giving away two tickets to 'The Mikvah Project'. To be in with a chance of winning, e-mail: htnews@hackney.gov.uk, or send a postcard to: The Mikvah Project competition, Hackney Today, Maurice Bishop House, 17 Reading Lane, E8 1HH, by midday on 21 January. Entries must include a name, address, contact number and e-mail address. Winners will be pulled out of a hat.

what's on

HEALTH, FITNESS & SPORT



HEALTHY SPINE AND MOBILE JOINTS

Every Wed, 12noon-1pm

Feel both relaxed and rejuvenated and enable your joints to move more freely and your spine to be more flexible with gentle guided exercise. All levels. All ages. £10/48 for six classes. All ages. The Well Garden, Amhurst Terrace, E8 2BT. **Info: 07929 907 007; jennyhillnz@yahoo.co.uk**

INDOOR JOGGING AND WALKING

Every Thursday, 10-11am

An exercise class targeted at those with health conditions in an indoor walk-jog session. Wear suitable clothing and shoes. One-to-one personal training also available. £3. Ages 50+. Our Lady of Good Counsel Church, 24 Bouverie Rd, N16 0AJ. **Info: 07961 188 727; www.olivesbodycare.co.uk**



CHINESE YOGA AND TAI CHI

Every Friday, 7-9pm

These breathing and movement exercises used for centuries in China to maintain good health and quality of life. Increase core strength, eliminate toxins and generate internal heat into your joints. Suitable for beginners. £5. Ages 10-50. The Bath House, Children's Community Centre, 76 Shacklewell Lne, E8 2EY. **Info: 07981 589 881; www.lishi.org/hackney**

KETTLERCISE

13 Jan, 7-8pm

Kettlercise covers a range of 37 kettlebell exercises ranging from basic moves to more advanced techniques, from high energy pulse raises to being able to place extra emphasis on target muscle groups like abs, glutes, arms and thighs and all with maximum effectiveness. All levels. £5. Free taster class. Booking essential. Centre, 1 Ada Place, E2 9BA. **Info: 07949 198 561; www.facebook.com/WickedPhysique**



ALEXANDER TECHNIQUE

17 Jan, 10am-12.30pm

Hilary King teaches the Alexander technique – a practical method for health and wellbeing such as poor posture, stress and chronic conditions. Start the New Year afresh and find out how to let go of old habits, reduce pain and increase your sense of wellbeing. Booking essential. Ages 14+. £25. The Green House, 49 Green Lanes, 13 Aden Grove, N16 9NP. **Info: 020 7254 9206; www.hilaryking.net**

HEALTH HUBS

20-22 Jan, 10am-6pm

Health hubs are an easier way to access services and support to stop smoking, wellbeing activities and more. Get practical advice on how to turn those new year resolutions into reality. Health checks will also be available between 2-6pm on 22 Jan. free. All ages. Stamford Hill Community Centre, 103-105 Malvern House, N16 6RZ. **Info: 020 7033 8581; info@hackneyhealthhubs.org.uk**

NIGHTLIFE

MASTER LEVEL

16 Jan, 10pm-4.30pm

Resident DJ Master Level is set to flood the club with the best floor fillers each week playing house, dance, hip hop and RnB. Free/£5/10. Ages 18+. Mother Bar, 333 Old Street, EC1V 9LE. **Info: 020 7739 5949; www.333mother.com**

KRANKBROTHER

23 Jan, 10pm-3am

Shake off the January blues with DJ and producer Avalon Emerson who is a name to watch in the electronic dance scene with her mix of American house and European techno, while incorporating 80s pop. Plus resident duo Krankbrother. £5. Ages 18+. Dance Tunnel, 95 Kingsland High St, E8 2PB. **Info: 020 7249 7865; www.dancetunnel.com**

MALA & LIXO

23 Jan, 10pm-4am

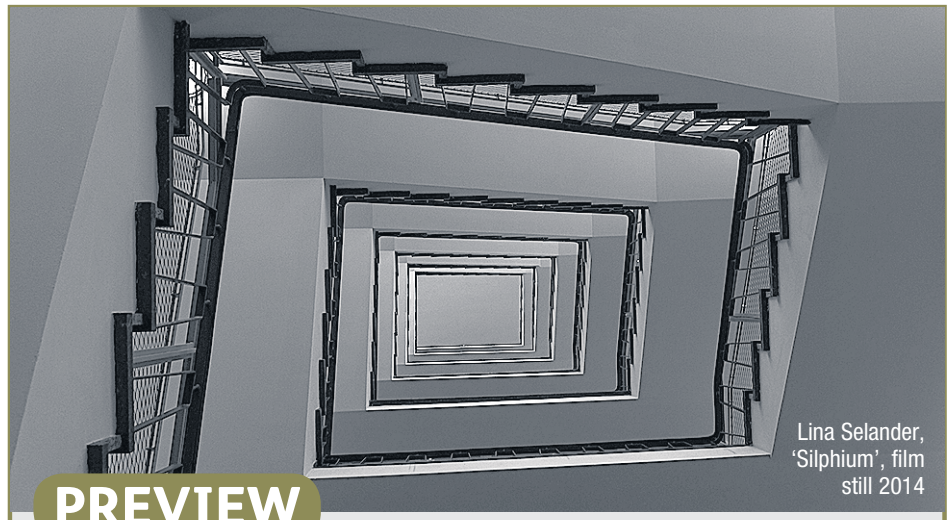
When you think of the origins of dubstep, Mala comes to mind. Long fighting to protect his beloved genre against its bastardization by people across the pond, Mala's work with DMZ record label still resonates today. His set is promised to be a moment to remember. £7/10. Ages 18+. The Nest, Dalston, N16 7XJ. **Info: 020 7354 9993; http://thenest.eventgenius.co.uk/events/MALA/index.html**



SCARED TO DANCE

31 Jan, 10pm-3am

Club night Scared to Dance hosts its first night of 2015 playing indiepop, post-punk, and sixties music at this newly refurbished venue. Guest DJs are Paul Rains, Duncan Barrett and Tigercats who have recently released their new album, Mysteries will be DJing from 11pm. £6/4. Ages 18+. Moustache Bar, Stoke Newington Rd, N16 7XB. **Info: www.scaredtodance.co.uk**



Lina Selander, 'Silphium', film still 2014

PREVIEW

Park Chan-kyong & Lina Selander

14 January-21 March, Iniva, Rivington Place, EC2A 3BA

MADE a New Year's resolution to be more cultured? Look no further than the first UK solo shows of Korean artist and film maker Park Chan-kyong and Sweden's Lina Selander.

The exhibition is part of Practice International, an EU-funded research project that explores the idea of internationalism through art.

Chan-kyong presents a series of his latest film and documentary work focused on folk religion, while Selander's three films are shown alongside a selection of materials from the artist's working archive.

Presented alongside each other, expect to find shared themes including modern utopias, political trauma, the role of film and photography in modern surveillance methods and the construction of collective imaginations.

There is also a free panel discussion about the Practice International project on 13 January, as well as a walking tour conducted by the artists themselves on the same day. For more info visit: **www.iniva.org/events/what_s_on/park_chan_kyong_amp_lina_selander**

THEATRE & LIVE ENTERTAINMENT

THE WRONG ONE: THE DAVID MOYES STORY

13-17 Jan, from 7.30pm

The David Moyes Story is a 'mockumentary'-style comedy told from the perspective of those behind the scenes at Old Trafford, the production documents the journey of Manchester United during Moyes's doomed reign as manager. Because whatever your opinion of Mr Moyes, what is indisputable is that The Chosen One quickly became The Wrong One. £14/11 conc. Courtyard Theatre, Bowling Green Walk, 40 Pitfield St, N1 6EU. **Info: 020 7729 2202; www.thecourtyard.org.uk**

CIRQUE BERSERK

16 Jan & 17 Jan

Combining circus-style skills and artistry with all the thrills, spills and laughs of the traditional big top, Cirque Berserk is a performance spectacle with a troupe of over 30 jugglers, acrobats, aerialists, dancers, musicians and death-defying stunt men, joined by the clown Tweedy. £10-25. All Ages. Hackney Empire, 291 Mare St, E8 1EJ. **Info: 020 8985 2424; www.hackneyempire.co.uk**



GYPSY JAZZ

21 Jan, 8-11pm

The Koloumis trio combines the sounds of Asia Minor, the Eastern Mediterranean and original compositions, together with improvisations. Featuring Michalis Kouloumis on violin, Alexandros Papadimitrakis on strings and Ruven Ruppik on drums. £10. All ages. Vortex Jazz Club, 11 Gillett Square, N16 8AZ. **Info: 020 7254 4097; www.vortexjazz.co.uk/event/gypsy-jazz**

SLEEPING BEAUTY

22-24 Jan, from 7.30pm

Hackney Players celebrate their 45th year with a production of Sleeping Beauty. The panto promises a classic battle of good versus evil, a royal romance and comical court jester thrown in for good measure. The evil witch Carabosse plans to take her revenge for being exiled by placing a curse on the beautiful princess. £7/5 children & conc. All ages. **Info: 07806 753 328; www.**

Events info can also be viewed on the Council's website: www.hackney.gov.uk/whatson

DID YOU KNOW?



PREVIEW

A Midsummer Night's Dream

20-24 January, Arcola Theatre, 24 Ashwin Street, E8 3DL

ARCOLA'S newest community performance company, the Arcola Queer Collective, is putting on its first ever production.

A radically interpreted version of 'A Midsummer Night's Dream' blends cabaret, drag, spoken word, music and movement with Shakespeare's original words. The adapted text, by Patrick Cash, offers a darkly comedic reflection on love and relationships in the 21st century.

When four young lovers escape to the woods, they find themselves entangled in a battle of wills between the fairy king and queen. Nearby, a group of rude mechanicals are rehearsing for a performance at the wedding of Duke Theseus. When everyone's paths cross, they become embroiled in unpredictable chaos: one that threatens to tear the fair kingdom apart.

A surreal world of fairies, spells and incantations is set to make this magical interpretation of 'A Midsummer Night's Dream' a delight for all senses.

For more info visit: **www.arcolatheatre.com/production/arcola/a-midsummer-nights-dream**

hackneyplayers.org.uk/currentprod2.html



YOUNG PEOPLE

BALLET

Every Mon, 4-4.30pm

The Journey 2 Greatness dance company promotes a healthy, fun experience for students and helps build confidence. Suitable for beginners. £41/55 for non-members/£60 for a year membership. Ages 3-5. Book in advance. Energie fitness, 3 Reading Lane, E8 1GQ. **Info: j2g_ltd@hotmail.co.uk; www.journey2greatness.co.uk**

BREAKDANCE

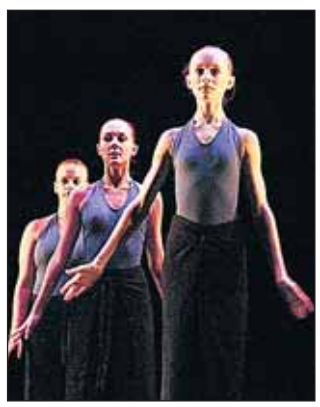
Every Tues, 5-6pm

These classes encourage children to use their bodies intelligently, as a medium for creative discovery. Founded in 2001, Adrenalin Dance aims to make dance theatre in a variety of settings. All levels. £27, 6-week term. Ages 7-17. St John-at-Hackney Church, Lower Clapton Rd, E5 0PD. **Info: 020 8525 5476; www.adrenalindance.com**

CONTEMPORARY DANCE

Every Tues, 6.30-7.30 pm

Young dancers can develop technical skills, strength, coordination and musicality to encourage creative exploration. Booking essential. £27 for a 6-week term. Ages 13-17. St John at Hackney Church, Lower Clapton Rd, E5 0PD. **Info: 020 8525 5476; www.adrenalindance.com**



SELF-DEFENCE AT THE EDGE

Every Wed, from 28 Jan, 6-8.30pm

A personal safety course aiming to provide practical tools and techniques in keeping safe. The eight-week course covers awareness and avoidance, body language, understanding fear, confidence and assertiveness plus more. All students receive a certificate following the course. Girls only. Free. Ages 13+. The Edge, Woodberry Grove, N4 1SN. **Info: 07050 614 116; info@sevnecatitraining.com; www.sevnecatitraining.com**

NOTICEBOARD

ENTERPRISE, EMPLOYMENT & TRAINING

13 Jan, 3-7pm

Come and meet local training providers and see what employment and training opportunities are available, whether your unemployed or seeking to learn a new skill. Get information from the Council's Ways Into Work team, K-10 apprenticeships and Woodberry Down Children's Centre. Free. The Redmond Community Centre, Kayani Avenue, N4 2HF. **Info: 020 8356 7587;www.mhdt.org.uk/job-fair-2015**

DISABLED ACCESS DAY

17 January, 3pm-4.45pm

Drop in for this chance to look at Hackney Museum's collection and take part in a pop-up Photo Booth, to mark the last day of the 'Strike a Pose: Portraits from a Hackney Photo Studio' exhibition. This event is part of the Re:Present programme. Hackney Museum, 1 Reading Lane, E8 1GQ. **Info: www.hackney.gov.uk/cm-museum**



HELP PLANT TREES ON HACKNEY MARSHES

17 & 18 January, 10am-3pm

Hackney Marshes will benefit from 150 new trees this winter thanks to the Tree Musketeers and the Hackney Community Tree Nursery. Help plant them from 10am. Meet at the Tree Nursery opposite the Hackney Marshes Centre, Homerton Road, E9 5PF. **Info: 020 8356 4899; sam.parry@hackney.gov.uk**

PARENTS AS PARTNERS

Every Tues, from 27 Jan, 10am-12noon

A group programme designed to help parents with at least one child under the age of 11, who want to resolve relationship issues that can affect their ability to parent their children effectively. Open to all parents whether married, living together, separated or divorced. The programme runs for 16 weeks. Crèche included. Free. Ages 18+. Queensbridge Sports and Community Centre, Holly St, E8 3XW. **Info: 020 7380 6099; www.family-action.org.uk/parents-partners/**

URBAN FOOD FEST

From 31 Jan, every Sat, 5pm-12midnight

This street food night market features 15 trucks and stalls serving gourmet global dishes, craft beers, cider, cocktails, spirits, international wines, champagne and entertainment. Free entry. Euro Car Parks, 162-167, Shoreditch High St, E1 6HU. **Info: 020 7563 3021; www.urbanfoodfest.com**

Aged 50+ and want to support a young person achieve their goals?

Grandmentors is an innovative project that sees older volunteers offer support and advice to help young people find work, continue education or begin training.

Volunteers meet with a young person each week to boost confidence and work towards goals.

You will receive training, support and expenses.

Mentees are mainly based in Hackney/ Hounslow/Islington.

Email: **grandmentors@csv.org.uk** or go to: **bit.ly/CSVgrandmentors**

csv make a difference

what'son

Important information for submissions

To submit your listing to What's On for publication in Hackney Today and on the Council website, fill in the e-form at: **www.hackney.gov.uk/whatson**

Please see the guidance notes on the website for further information.

We reserve the right to edit any material. No submission is guaranteed a listing.

Competitions



Hackney Today offered readers a chance to win 'Mother Goose' tickets in issue 345.

The lucky winner was S Anderson, N16

NHS

Using your local health services over the winter

Don't just go to hospital – if you feel unwell there are many ways to get advice or treatment.

Self-care

Hangover, sore throat, coughs, colds

- The best place for you is at home in the warm - rest and drink plenty of non-alcoholic fluids
- Plan ahead - stock up on plasters, paracetamol, aspirin and indigestion remedies

Your local pharmacy

Diarrhoea, painful cough, headache, other minor ailments, emergency contraceptives

- Your local pharmacist can give you expert, confidential advice and treatment for a range of minor illnesses or injuries - many of them are open every day of the holiday and you do not need an appointment
- Plan ahead - ask your local pharmacy about their opening times, find out online at **www.cityandhackneyccg.nhs.uk**

Your GP

Ear pain, back ache, vomiting, depression, long-term conditions (e.g. diabetes, asthma)

- Your GP is the first place to go to for illnesses that won't go away
- For urgent appointments contact the surgery first thing in the morning, for non-urgent appointments book a week ahead
- You can ask for a telephone consultation with a doctor or nurse
- Plan ahead - make sure you have enough prescribed medicines to last you over holiday time

Out of hours GPs

If your GP surgery is closed but you need to speak to a doctor, you can call Hackney's out of hours GP service, CHUHSE, on **020 8185 0545.** They will be able to offer you advice or, if required, arrange an urgent appointment. Open 6.30pm – 8am on weekdays and all day on weekends and public holidays.

NHS 111

You feel you need medical help or advice fast but are unsure what to do and don't think it's a 999 emergency

- Call if you don't have a GP, can't access a GP or don't know who else to call
- The service is available 24 hours a day by calling **111**
- You will speak to a trained adviser, supported by nurses and paramedics, who will talk you through your symptoms and advise on what to do next

Homerton Hospital

Accident and Emergency - choking, severe chest pain, bleeding that won't stop, loss of consciousness, struggling to breathe, stroke

- Provides urgent treatment for serious, life-threatening conditions all day, every day
- Get there yourself if you can, but call **999** for an ambulance if someone is too ill to move, can't breathe or you don't have quick access to transport

Emergency dental treatment

You have an urgent dental problem and your usual dental practice is closed

- Call the Emergency Dental Service on **020 3594 0938** to speak to a dentist to get free advice or arrange emergency treatment

For more information on local NHS services, visit **www.cityandhackneyccg.nhs.uk**

PJ57299

Replacement waste facility for north London

The North London Heat and Power Project is how we think the waste that isn't recycled should be dealt with in the future.

nlwa north london Heat and Power project

What's the plan?

- A replacement Energy Recovery Facility in 2025
- To generate electricity and heat for homes and businesses
- To avoid sending waste to landfill
- To use the best of today's technologies
- To build the replacement Energy Recovery Facility, we will apply for a Development Consent Order

Who are we?

We are North London Waste Authority. We arrange the disposal of waste collected by seven London boroughs: Barnet, Camden, Enfield, Hackney, Haringey, Islington and Waltham Forest. We also promote waste minimisation and recycling.

How can I find out more?

Visit: www.northlondonheatandpower.london
Call: 020 8489 3940
Twitter: @NLHPP
Facebook: North London Heat and Power Project

Have your say

We are consulting on the project proposal between 28 November 2014 to 27 January 2015. As this is your waste, we want your feedback. You can learn more by visiting one of our exhibitions in Edmonton during January.

For further details on the exhibitions and how to submit your views to us, please visit our website.

NHS City and Hackney

Want to quit smoking?

Use your **local NHS Stop Smoking Service** and you're up to **4 times more likely to succeed.**

- **Free expert advice and a personal quit plan**
- **Prescription stop smoking treatments to help beat cravings**
- **Ongoing support from an NHS trained adviser**



Local help and advice is available from **0800 169 1943, smokers-clinic@qmul.ac.uk** or **www.smokefreecityandhackney.nhs.uk**

Because life's better Smokefree.

SMOKEFREE

young hackney
www.younghackney.org
younghackney



Young people who hope to start a business or social enterprise can sign up to a free six-week boot camp with Bootstrap Company

Enterprise boot camp

By **Dila Tumer**

A FREE six-week 'enterprise boot camp' for young entrepreneurs is due to be launched at the end of the month in Dalston.

Young people, aged 18 to 24, who want to start a business can access free studio space, mentoring, enterprise master classes, and awards in project management via the scheme run by social enterprise Bootstrap Company and housing association Peabody.

> "We are... creating a space and structure for local young people to connect with Hackney's buzzing new creative economy"

Sara Turnbull, Bootstrap CEO, said: "There is still high inequality and high youth unemployment in Hackney. Bootstrap and Peabody are working together to create a space and structure for local young people to connect with Hackney's buzzing new creative economy."

Bootstrap is home to over 300 small businesses whose staff – including journalists, photographers, and graphic designers – have volunteered their time and expertise to help young people take their first steps in their dream careers.

The boot camp is open to all, regardless of previous experience and qualifications. Preference will be given to residents who are not in education, training or employment.

The deadline to apply is 25 January. An open day for those interested in taking part will be held on 20 January from 4-7pm.

The workshops are set to take place from 9 February to 21 March, and may take up to three days a week.

MORE INFO

For more info, or to apply, visit: **www.bootstrapcompany.co.uk**

News in brief

Making money matter locally

By **Dila Tumer**

THREE Hackney groups have been awarded £500 each for innovative programmes to teach young people about money management.

They were among 340 teams from across the UK which took part in the Money for Life Challenge, a national competition aimed at 16 to 24-year-olds, to help them develop skills to make the most of their money.

The three projects were: 'How Well Do You Know Hackney?', 'Healthy Living Forest Road Youth Hub'– both organised by the Council – and 'Money Matters', led by charity Immediate Theatre.

'Healthy Living Forest Road Youth Hub' will explore low cost healthy living options for young people by using only local organic produce.

'Money Matters' aims to train young people in budgeting and money management skills through drama activities.

The 'How Well Do You Know Hackney?' project aims to share young people's opinions with the community by creating a photo exhibition that looks at themes of child poverty, homelessness and wealth.

The teams will spend the next three months rolling out their projects before judges choose which ones will go forward to a national final on 21 April. The winners will be awarded £1,000 to donate to a charity of their choice.

The competition is part of Lloyds Banking Group's personal money management programme, targeted at young people. For more info, visit: **www.moneyforlifechallenge.org.uk**



Three teams of young people from Hackney awarded £500

Hackney youngsters get surprise training session with rugby star Brian O'Driscoll



By **Dila Tumer**

HACKNEY teenagers were excited to take part in a surprise rugby training session hosted by ex-British and Irish Lions captain, Brian O'Driscoll.

The event, at The Petchey Academy, gave members of Hackney Bulls and other local rugby clubs the chance to learn new skills from one of the world's greatest players. The young people also got to have their picture taken with the Webb Ellis Cup, which is awarded to the winner of the Rugby World Cup.

The session, on 16 December, was organised to mark the launch of a Rugby World Cup sponsorship deal with a well known soft drinks manufacturer.

Hackney Bulls train at Petchey Academy every Tuesday evening, from 5-7pm. Sessions are open to girls and boys, aged 12 to 17, and are a mix of training on an all-weather pitch and classroom analysis. For more info, visit: **www.hackneybulls.co.uk**

The Rugby World Cup is on from 8 September to 31 October. For the first time ever, the Olympic Stadium will host some of the matches.

For more info on the Rugby World Cup, visit: **www.rugbyworldcup.com**


"I want to try and help myself, so I joined Big White Wall."
You don't have to deal with difficult feelings or situations alone.
Enter your Hackney postcode online at www.bigwhitewall.com today and get free access to our support, tools and services.
Start your journey to feeling better.
Big White Wall


(He neglects the person he's caring for)
(She steals her neighbour's benefits)
(He hits his disabled brother)
ABUSE
RECOGNISE IT
REPORT IT
STOP IT
Contact the Adult Safeguarding Team on
020 8356 5782
Hackney
PJ57879

THIS PAGE

These stories were compiled with the help of Homerton University Hospital, City & Hackney Clinical Commissioning Group & East London NHS Foundation Trust



Healthy resolutions

There are plenty of free and healthy activities for residents in Hackney, as well as support groups to help give up smoking or alcohol

IT'S that time again when lots of people are making New Year's resolutions. Many may be taking steps to improve their health. Luckily there are plenty of free activities for residents, as well as support groups. Here are five easy steps to better health this year:

FREE HEALTH CHECK

Residents, aged 40 to 75, can get a free health check at their GPs and other community locations.
The check up is like an MOT for the body and can tell if people are at risk of heart disease, stroke or diabetes.
Info: www.hackney.gov.uk/free-NHS-health-check-in-hackney



FREE FITNESS CLASSES

Following on from the Council's successful 'Our Parks' programme of free fitness classes, 'Our Spaces' is running over winter.
Classes are fun, friendly and suitable for all abilities. From box fit to basketball, there is something for everyone.
Info: 0800 111 4464; www.ourparks.org.uk

FREE COOKING CLASSES

'Cook and eat' groups are running in nine kitchens in community centres across Hackney. Residents can turn up on their own, or bring the kids to cook delicious food and then sit down to eat together.
Info: 020 8356 6326; www.hackney.gov.uk/healthy-hackney



QUIT SMOKING

Lots of people resolve to stop smoking at the start of the year, but can find it hard to kick the habit. There's loads of free help and support to stop smoking in Hackney, from one-to-one support with expert advisers to free nicotine replacement therapy. **Info: 020 3316 1085;** www.nhs.uk/smokefree

DRY JANUARY

Join thousands of people across the country and stop drinking alcohol in January. In the process, feel healthier, save money, lose weight and feel more energised. Get free, confidential support in Hackney from the Alcohol Recovery Centre. **Info: 020 8985 3757;** www.alcoholrecoverycentre.com

News in brief

Sign up for New Age Games

THE New Age Games winter programme of sporting activities is set to launch on 19 January.
The free, Council-run scheme is designed to give people aged over 50 a chance to socialise, exercise and stay healthy. Participants can try out a variety of sports including pilates, swimming, archery, cycling, walking football, indoor tennis, yoga, badminton and Brazilian dance.
Over 550 people have taken part in the New Age Games since it was launched in 2011. Furthermore, 96 per cent of participants said their quality of life improved since joining the scheme.
There are three 10-week long terms of activities each year. The winter programme runs until 27 March.
For more info, visit: **www.hackney.gov.uk/new-age-games**; call: **020 8356 4897**; or e-mail: **darren.english@hackney.gov.uk** to receive a timetable.



The New Age Games is a free programme of sport

Top results for Hackney GPs

LATEST NHS figures show that City and Hackney's GPs are rated best in the country in seven of the categories used to measure how well they look after patients with long term conditions such as diabetes, asthma or coronary heart disease.
The results, broken down into Clinical Commissioning Group (CCG) areas, also show they come in the top 10, out of all 211 areas, in a further 12 categories including making sure patients are being monitored and assessed regularly and are prescribed effective medications.
The Quality Outcomes Framework is used by the NHS to look at how well patients in different areas of the country are treated. It uses national quality standards to check annually how each CCG area is doing.
For more info, visit: **www.cityandhackneyccg.nhs.uk/**

Have your say on proposed changes to mental health inpatient services for older people



RESIDENTS are being encouraged to have their say on proposals to change mental health inpatient services for older people in Hackney, Tower Hamlets and the City.

Currently, when older residents with mental health problems in these areas need admission into a psychiatric unit, they go to Larch Ward, at The Lodge in Homerton. Older people in Tower Hamlets are admitted into Leadenhall Ward at Mile End Hospital.

East London NHS Foundation Trust, in partnership with City and Hackney, and Tower Hamlets Clinical Commissioning Group, is considering merging two wards to develop a single specialist inpatient facility at Mile End Hospital for people aged 65 and over who live in Hackney, the City and Tower Hamlets.

Michael McGhee, Director of Mental Health Care of Older People at the Trust, said: "We would develop a highly specialised inpatient service at Mile End Hospital to provide optimum support to older people."

The consultation closes on 16 March. A drop-in session is set to take place at Hackney Museum on 23 February from 11am-1pm.

For more info, visit: **www.eastlondon.nhs.uk**; call: **020 7655 4066**; or e-mail: **communications@eastlondon.nhs.uk**



Register to Vote 2015

I VOTE HACKNEY

The way we register to vote has changed. If you want to vote in the upcoming General Election on 7 May 2015, you need to register by 20 April.

Find out more at **www.gov.uk/register-to-vote** or come to one of our Voter Registration Days, where staff will be on hand at your local library to help your register.

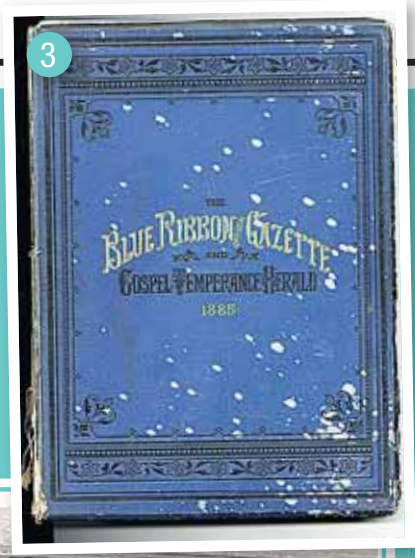
Wednesday 28 January and Monday 23 March, 10.30am-7pm

- Woodberry Down Library
- Shoreditch Library
- Hackney Central Library
- Dalston C.J.R James Library

YOUR VOTE MATTERS
MAKE SURE YOU'RE IN

PJ58073











1. Bomb damage to the Temperance Billiard Hall in Mare Street, September 1940; 2. Maypole Group, members of the Amhurst Park Wesleyan Band of Hope; 3. Blue Ribbon Gazette cover, 1885; 4. Drill Squad, Hackney and East Middlesex Band of Hope Union; 5. Crowd outside Hoxton Hall c1906; 6. New Year's tract from the Stoke Newington branch of the National British Women's Temperance Society c1915

Temperance and teetotalism

By **Sally England**

AFTER New Year, readers may well have made a resolution to give up alcohol, although most won't have gone as far as Belfast minister John Edgar who, in 1829, poured his entire stock of whiskey out the window. His action inspired the formation of early temperance societies.

Many poor people, their lives blighted by terrible living and working conditions, found solace and escape in alcohol, including children who were put to work as cheap labour as young as eight.

In the overcrowded slums of large towns and cities the problem was particularly acute, with sometimes families' entire meagre wage packets being spent in pubs and gin palaces. Lectures and sermons denounced the demon drink, advocating either temperance or complete abstinence – which came to be known as 'teetotalism' – but initially there was no organised work undertaken towards combating the problems created by alcohol abuse.

It was in Leeds that the first Band of Hope was formed in 1847, a temperance movement specifically targeting children and offering them an alternative place to go after work, providing basic education and Bible classes, as well as warnings against the dangers of strong drink. This was often done through songs, magic lantern slide shows, craftwork and writing.

The movement soon spread throughout Britain, with the Hackney and East Middlesex Band of Hope Union founded in 1875 to support the work of groups and individuals in the area. Much of the union's funding came from occasional bazaars lasting several days.

The union hosted regular Saturday evening entertainments at Morley Hall in Mare Street during the winter, attracting an average weekly attendance of 800 for many years, whilst the summer saw an annual excursion to Clacton for adults and children.

A similar movement was the Blue Ribbon Gospel Temperance Army whose members wore a ribbon badge to show they had pledged to abstain from alcohol.



A version of the Temperance Army was formed in Shoreditch in 1878 by William Noble, after meeting the founder in America. At first members met at the Standard Theatre in Kingsland High Street, but eventually a new home had to be found when the agreement with the theatre expired. The old music hall in Hoxton Street was rented with the financial support of wealthy biscuit manufacturer W I Palmer.

By the 1880s, the army was selling Blue Ribbon badges, tea and coffee as well as publishing its own gazette.

The British Women's Temperance Association (BWTA), founded in Newcastle in 1876, had a branch in Stoke Newington from 1878. In 1893, the organisation became divided on the issue of political activism, some members believing that work should focus on women's suffrage, others wanting to concentrate on temperance.

As a result, the Women's Total Abstinence Union formed to work on alcohol related matters, whilst the BWTA was renamed the National British Women's Temperance Union and expanded to campaign on issues such as suffrage, welfare, education and health.

The Blue Ribbon Army seems to have faded after 1893 when Palmer died and bequeathed Hoxton Hall to the Bedford Mission.

Today the hall's historical records, including material relating to the Blue Ribbon Army, are held by Hackney Archives.

The BWTA continues today as the White Ribbon Association, providing education on the effects of drugs, smoking, drinking and gambling, whilst the Band of Hope is now known as Hope UK and provides drug and alcohol education to children, young people and parents.

MORE INFO

Hackney Archives looks after Council administrative records and archives dating back to 1700. It also keeps records for individuals and organisations with links to Hackney. Call: **020 8356 8925**; e-mail: **archives@hackney.gov.uk**; or visit: **www.hackney.gov.uk/archives**

The Mayor and councillors

Councillors are elected by Hackney residents and serve for four years. The last borough elections took place in May 2014.

Councillors have a range of responsibilities, including helping to oversee the Council and its services. They hold advice surgeries where residents can meet their local representative and ask them to take up issues that may be of concern. Generally they can help with Council related matters, but if the issue is the responsibility of another person or organisation, councillors can often point people in the right direction and tell residents who they need to see.

Hackney has 57 councillors representing areas called wards – see map below.



MAYOR JULES PIPE

Hackney has an executive Mayor, Jules Pipe, who is not a councillor, but is directly elected by the entire borough.

The Mayor is the political leader of the Council, overseeing the budget and all Council services. Civic and ceremonial duties are undertaken by the Speaker of Hackney who is elected annually from among the borough's 57 councillors. The current Speaker is Cllr Sharon Patrick.

1. BROWNSWOOD



Cllr Brian Bell
1st Thurs each month
7-8pm, The Kings Crescent Estate Community Centre, Queens Drive, N4 2XD.



Cllr Clare Potter
2nd Sat each month
10.30-11.30am, Alexandra Nationals Community Space, Finsbury Park Place, 302 Seven Sisters Road, N4 2PJ.

2. CAZENOVE



Cllr Dawood Akhoon
1st & 3rd Thurs each month
6.30-7.30pm, North London Muslim Community Centre, 68 Cazenove Road, N16 6AA.



Cllr Abraham Jacobson
2nd Wed each month
6.30-7.15pm, North London Muslim Community Centre, 68 Cazenove Road, N16 6AA.



Cllr Ian Sharer
1st & 3rd Thurs each month
10.30-11.30am, North London Muslim Community Centre, 68 Cazenove Road, N16 6AA.

3. CLISSOLD



Cllrs Sophie Cameron, Ned Hercock & Sade Etti (on a rota basis)
1st Mon each month
7-8pm, Stoke Newington Library, Stoke Newington Church Street, N16 0JS.
3rd weekend each month
Roving surgery.





4. DALSTON



Cllrs Soraya Adejare & Peter Snell (on a rota basis)
1st Thurs & 3rd Fri each month
6.30-7.30pm, Dalston CLR James Library, Dalston Square, London, E8 3BQ.



5. DE BEAUVOIR



Cllrs Laura Bunt & James Peters (on a rota basis)
2nd Sat each month
11am-12noon, café in the precinct behind the Rose Lipman Building, Trinity Court, De Beauvoir Estate (off Downham Road), N1.

Contact Cllr Peters on: **james.peters@hackney.gov.uk**; or: **07748 629 977.**
Contact Cllr Bunt via members services on: **020 8356 3373.**



6. HACKNEY CENTRAL



Cllrs Sophie Linden, Ben Hayhurst & Vincent Stops (on a rota basis)
1st Sat each month
11am-12noon, Room 37a, Hackney Town Hall, E8 1EA.
3rd Sat each month
11am-12noon, Wilton Estate Community Hall, Greenwood Road, E8 1BE.



Contact these cllrs on:
sophie.linden@hackney.gov.uk;
ben.hayhurst@hackney.gov.uk;
vincent.stops@hackney.gov.uk



7. HACKNEY DOWNS



Cllrs Michael Desmond, Anna-Joy Rickard & Rick Muir

Cllr Desmond
1st Sun each month
11am-12noon, Luncheon Club, 19 Olympus Square, E5.



Cllrs Rickard & Muir
2nd Sun each month
11am-12noon, Landfield Community Hall, Landfield Estate, Clapton, E5 8QZ.
Call: 07875 546 155.



4th Sun each month
Roving surgery.

8. HACKNEY WICK



Cllrs Chris Kennedy, Jess Webb & Nick Sharman (on a rota basis)
1st Sun each month
12noon-1pm, Wick OAP Hall, Lavington Close, Trowbridge Estate, E9.

Contact Cllr Kennedy on:
07730 883 190.





9. HAGGERSTON



Cllrs Barry Buitekant, Jonathan McShane & Ann Munn (on a rota basis)
1st Thurs each month
6-7pm, Haggerston Community Centre, 8 Lovelace Street, E8 4FF.

3rd Sat each month
10-11am, Regents Pensioners Hall, 33 Brougham Rd, E8 4PD.





10. HOMERTON



Cllrs Robert Alan Chapman, Guy Nicholson, Sally Mulready
1st Fri each month
Roving surgery with all Homerton cllrs. Contact for further details.



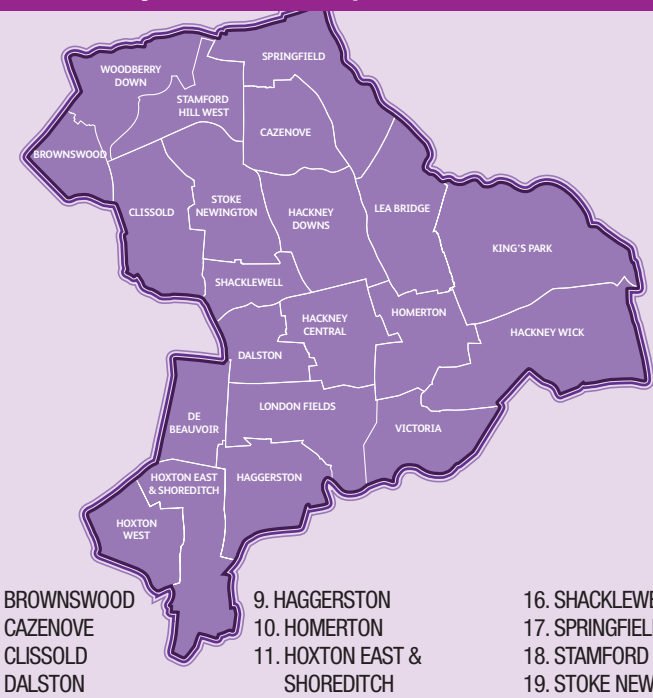
Cllr Chapman
Call: **07821 330 532.**



Cllr Nicholson
3rd Fri each month
6.30-7.30pm, Banister House Community Hall, Homerton High Street, E9 6BP.

Cllr Mulready
Call: **07930 575 913.**

Hackney's wards in alphabetical order



1. BROWNSWOOD
2. CAZENOVE
3. CLISSOLD
4. DALSTON
5. DE BEAUVOIR
6. HACKNEY CENTRAL
7. HACKNEY DOWNS
8. HACKNEY WICK
9. HAGGERSTON
10. HOMERTON
11. HOXTON EAST & SHOREDITCH
12. HOXTON WEST
13. KING'S PARK
14. LEA BRIDGE
15. LONDON FIELDS
16. SHACKLEWELL
17. SPRINGFIELD
18. STAMFORD HILL WEST
19. STOKE NEWINGTON
20. VICTORIA
21. WOODBERRY DOWN

11. HOXTON EAST & SHOREDITCH



Cllrs Kam Adams, Feryal Demirci & Tom Ebbutt (on a rota basis)
1st Sat each month
10.30-11.30am, Shoreditch Library, 80 Hoxton Street, N1 6LP.
3rd Sat each month,
11am-12noon, roving surgery.





12. HOXTON WEST



Cllr Philip Glanville
3rd Wed each month
6-7pm, Provost Community Hall, Murray Grove, N1 7QX.



Cllr Clayeon McKenzie
2nd Tues each month
6-7pm, The Bell Club, Bowling Green Walk, 40 Pitifield Street, N1 6EU.



Cllr Carole Williams
3rd Wed each month
6-7pm, Provost Community Hall, Murray Grove, N1 7QX.

2nd Sun every other month
Roving surgery.

13. KING'S PARK



Cllrs Sharon Patrick, Tom Rahilly & Rebecca Rennison (on a rota basis)
1st Fri each month
6.30-7.30pm, The Kabin, Kingsmead Way, E9 5QG.
3rd Sat each month
11am-12noon, Vi Forrester Hall, Gilpin Road, Clapton E5 0LH.





14. LEA BRIDGE



Cllrs Margaret Gordon, Ian Rathbone & Deniz Oguzkanli (on a rota basis)
1st Thurs each month (not Jan)
6.30-7.30pm, St John Ambulance Hall, Mildenhall Road, E5.
2nd Sat each month
1.30-2.30pm, Venetia's Coffee Shop, 55 Chatsworth Road, E5 0LH.
4th Sat each month
10-11am, The Community Flat, Jack Watts Estate, 10 Detmold Road, E5.

Call: **07890 654 068**; or e-mail: **ian.rathbone@tiscali.co.uk**



15. LONDON FIELDS

Cllrs Anntoinette Bramble, M Can Ozsen & Emma Plouviez (on a rota basis)
1st Mon each month (except Bank Holidays)
6.30-7.30pm, Queensbridge Leisure Centre, 30 Holly Street, E8 3XW.
3rd Sat each month
10-11am, Regents Pensioners Hall, 30 Brougham Rd, E8.

16. SHACKLEWELL

Cllrs Michelle Gregory & Richard Lufkin (on a rota basis)

1st Fri each month
6-7pm, Dalston CLR James Library, Dalston Lane, E8 3BQ.

Monthly roving surgeries or meetings by prior arrangement.

Contact councillors via e-mail: **michelle.gregory@hackney.gov.uk** & **richard.lufkin@hackney.gov.uk**; or call members services on: **020 8356 3373.**

17. SPRINGFIELD

Cllr Simche Steinberger
2nd Mon each month
4-5pm, Stamford Hill Library, Portland Avenue, N16 6SB.
3rd Sun each month
2.30-3.30pm, Asda Parade, U Marka Ltd, 158 Clapton Common, E5 9AG.

Cllr Michael Levy
1st & 3rd Sun each month (on a rota basis) 11.30am-12.30pm, Webb Estate Community Hall, Clapton Common, E5 9BD.
Cllr Harvey Odze:
Mon 26 Jan, 7-9pm, The Mount Comm. Hall, 21 Mount Pleasant Lane, E5 9DW.
Mon 23 Feb, 7-9pm, Wrens Park Comm. Hall, Springfield, E5 9LN.
Call: **07790 902 513**.

18. STAMFORD HILL WEST

Cllr Rosemary Sales
3rd Sun each month
12noon-1pm, Peter Collins Memorial Hall, Holmleigh Estate, Oxted Court, N16 5QW.
No surgery in December.

Cllr Benzion Papier
Contact members services to leave a message for Cllr Papier on: **020 8356 3373.**

19. STOKE NEWINGTON

Cllrs Louisa Thomson, Susan Fajana-Thomas & Mete Coban (on a rota basis)
2nd Sat each month
10-11am, Stoke Newington Library, Stoke Newington Church Street, N16 0JS.
4th Sat each month,
roving surgery, 11am-1pm.

20. VICTORIA

Cllrs Will Brett, Katie Hanson & Geoff Taylor

Cllrs Brett
1st Mon each month
7-8pm, Pitcairn House Community Hall, St Thomas' Square, E9 6PT.
No surgery in January.
Cllr Hanson
2nd Wed each month
7-8pm, New Kingshold Community Centre, 49 Ainsworth Road, E9 7JE.
Cllr Taylor
3rd Wed each month
2-3pm, Salvation Army Building, 70 Mare Street, E8 4RT.

21. WOODBERRY DOWN

Cllrs Jon Burke & Caroline Selman (on a rota basis)
1st Sat each month
10-11am, Joseph Court Community Hall, Joseph Court, Amhurst Park, N16 5AJ.
2nd Sat each month
10-11am, Woodberry Down Community Organisation office, Unit 2c Rowan Apartments, Seven Sisters Road, N4 1NS.
3rd Sun each month
10-11am, Ben Simons Community Hall, Block 1-66, Lincoln Court, Bethune Road, N16.

have your say

A healthy eating programme from Shoreditch Trust

www.shoreditchtrust.org.uk





SHOREDITCH Trust's Food Programme works with members of the community to encourage affordable healthy eating, cooking skills and food knowledge. The Trust is running free cooking courses next year on Banister House and Somerford Grove estates as part of the Council's Cook and Eat programme. For more info, visit: www.hackney.gov.uk/healthy-hackney

Dishes containing oats are great to have for breakfast or as a snack. High in fibre, they release energy slowly which means that people stay fuller for longer. The nuts and seeds used in this recipe are full of healthy fats, vitamins and minerals that are essential for the healthy functioning of the body.

Granola with seasonal spiced fruit

Makes 10 servings

Preparation time
10 mins

Cooking time
30 mins

Ingredients

For the granola

- 2 cups rolled oats, gluten free
- ½ cup almonds
- ½ cup sunflower seeds
- ½ cup pumpkin seeds
- ½ cup desiccated coconut
- ½ cup walnuts
- ½ cup flaxseeds (linseed)
- 3 mashed bananas, ideally very ripe and spotted
- 3 tbsps of maple syrup or honey
- 2 tbsps of tahini or almond butter (optional)
- 1 tbsp melted butter
- 1 tsp ground cinnamon.

For the spiced fruit

- 2 pears
- 3 apples
- 1 star anise
- 1 cinnamon stick.

Method

- Preheat oven to 180°C and line a baking tray with greaseproof paper
- Mix all the dry ingredients (oats, nuts, seeds and coconut) in a large mixing bowl
- Combine the wet ingredients (bananas, maple syrup, butter and tahini if using) until smooth
- Pour the wet mixture into a large mixing bowl containing the dry ingredients. Stir until everything is well coated and spread evenly on the lined baking sheet. Do not push the mixture flat, but leave it in small clumps
- Bake for 15 minutes, stir well and bake for another 10-15 minutes or until golden brown. Keep checking it as you want it crunchy, but not burnt
- Let the granola cool completely then store in an airtight container in a cool, dry place. If stored correctly, it should keep for at least two weeks
- For the spiced seasonal fruit, wash the fruit and then chop into bite-size chunks, leaving the skin on. The skin contains beneficial vitamins, antioxidants and fibre
- Place in a small pan with a splash of water, the star anise and cinnamon stick. Simmer, stirring occasionally for 10 minutes or until the fruit is soft ,but hasn't fallen apart. Serve with yoghurt.

More info

To find out more about Shoreditch Trust's healthy eating activities, call: **020 7033 8529**; e-mail: **info@shoreditchtrust.org.uk** or visit: **www.shoreditchtrust.org.uk/health-and-wellbeing**



Have your say on the Council's Summer Activities Guide

THERE is still time to have your say about the Summer Activities Guide which the Council publishes every year.

The guide is distributed for free – across the borough to schools, public access points, and every home in the borough – with copies of Hackney Today. It lists the details of hundreds of activities for children and young people aged five to 19 years old. The activities are generally free, and range from arts and culture, to sports and play schemes.

The Council would like to know what residents think about the guide generally, what information they find most useful, and how it can be improved.



The Council would also like to find out how residents currently learn about activities for young people and how they would prefer to receive this information in future.

Feedback will help the Council to improve future editions of the guide and how it provides information about activities for children and young people. Complete a short online questionnaire by 23 January, by visiting: **https://consultation.hackney.gov.uk**

Meetings

COUNCIL MEETINGS IN JANUARY

13	Licensing sub committee	7pm
13	Community Safety and Social Inclusion scrutiny commission	7pm
13	Living in Hackney scrutiny commission	7pm
13	De Beauvoir ward forum	7pm
14	Health and wellbeing board	6pm
14	Planning sub committee	6.30pm
14	Pensions committee	6.30pm
15	Lea Bridge ward forum	7pm
19	Planning sub committee	6.30pm
19	Children and Young People scrutiny commission	7pm
19	Governance and Resources scrutiny commission	7pm
20	Cabinet procurement committee	5pm
21	Health in Hackney scrutiny commission	7pm
21	Corporate committee	7pm
22	Licensing sub committee	2pm
26	Cabinet	6pm
27	Homerton ward forum	7pm
27	Licensing sub committee	7pm
28	Council	7pm
29	Shacklewell Ward Forum	7pm

Info: 020 8356 3316/3302/3312; or visit: www.hackney.gov.uk/council-democracy.htm

TENANTS & RESIDENTS ASSOCIATION MEETINGS IN JANUARY

12	Regents Estate TRA	7pm
12	Wrens Park Estate TRA	7pm
13	Welshpool House TRA	7pm
13	Clapton Neighbourhood Panel	7pm
15	Manor TRA	7pm
19	Landfield Estate TRA	7pm
20	Boscobel House TRA	7pm
20	Keir Hardie Estate TRA	7pm
20	Homerton (MESH) Neighbourhood Panel	7pm
22	Acton Estate TRA	7pm

TO CHECK TIMES & VENUES, CALL THE RESIDENT PARTICIPATION TEAM ON: 020 8356 7845

Sudoku

For solutions see: www.hackney.gov.uk/hackneytoday

Easy

			2	9	6	7		
		6			3			
		1		4			9	6
4		8		7				
1			3		4			8
				8		1		4
7	6			3		5		
			9			4		
		3	8	1	5			

Medium

				8	6	2	7	1
	5					9		8
8	1	6						
			7	4			2	
		3				5		
	2			1	5			
						6	4	9
7		4					8	
6	8	1	4	9				

LOVE HACKNEY SHOP LOCAL

Do you really need a plastic bag?

Support your local high street and reduce the use of plastic bags by shopping with a reusable carrier bag - discounts are available at some participating shops.

For more information, visit www.hackney.gov.uk/shop-local

Hackney

PJ45837

LONDON BOROUGH OF HACKNEY

ROAD TRAFFIC REGULATIONS ACT 1984 SECTION 14(1) AND 16A: PROPOSED AND MADE NOTICES

ROAD TRAFFIC REGULATION ACT 1984 SECTION 14(1) AND 16A: NOTICES OF PROPOSED AND MADE ORDERS

WE, THE LONDON BOROUGH OF HACKNEY, GIVE NOTICE THAT WE INTEND TO MAKE THE FOLLOWING ORDERS IN THE FIRST PART OF THE TABLE BELOW, AND HAVE MADE THE ORDERS IN THE SECOND PART OF THE TABLE, IN EACH CASE FOR THE REASONS AND DURATION DATES STATED AND WITH ALTERNATIVE DIVERSION ROUTES AVAILABLE

ANDY CUNNINGHAM, HEAD OF STREETSCENE, 12 JANUARY 2015

PROPOSED RESTRICTION (PROPOSED NOTICE)

REF NO.	ROAD NAME	RESTRICTION	REASON	LOCATION	DIVERSION ROUTE	WORK START DATE	WORK END DATE
P1672	Acton Mews E8	Road Closure	Thames Water Works	Between points 20 metres and 36 metres south of its junction with Dunston Street	Via local signage	02-Feb-15	06-Feb-15
P1676-1	Anning Street EC2A	Road Closure & Introduction of Two way	Traffic Management Work	From its junction with New Inn Yard in a north direction for a distance of 10 metres	Via local signage	26-Jan-15	06-Mar-15
P1660-1	Belgrave House E8	Road Closure	Gas Works	From its junction with Queensbridge Road in a westerly direction for a distance of 2 metres	Via local signage	26-Jan-15	13-Feb-15
P1653	Blackall Street EC2A	Road Closure	Gas Works	Between points 25 metres and 75 metres north west of its junction with Ravey Street	Via local signage	02-Feb-15	06-Feb-15
P1669	Dawson Street E2	Road Closure	Crane Operation	From its junction with Hackney Road to its junction with Dunloe Street	Via local signage	26-Jan-15	26-Jan-15
P1670	Hoxton Square N1	Road Closure	Crane Operation	From a point in line with the property boundary no 1 & 2 to a point in line with the property boundary no 4 & 5	Via local signage	26-Jan-15	28-Jan-15
P1675	Lampard Grove N16	Waiting & Loading Restriction	Thames Water Works	North Side, From a point in line with the property boundary no 61 & 63 to a point in line with the property boundary no 73 & 75	Not Required	26-Jan-15	30-Jan-15
P1676-2	New Inn Yard EC2A	Road Closure	Traffic Management Work	At its Junction with Anning Street	Via local signage	26-Jan-15	06-Mar-15
P1671	Provost Street EC1V	Road Closure	Traffic Management Work	From its junction with Ebenezer Street Road in a north easterly direction for a distance of 43 metres	Via local signage	29-Jan-15	14-Feb-15
P1660	Queensbridge Road E8	Zebra Crossing Suspension	Gas Works	At outside property number 38 & 40	Not Required	26-Jan-15	13-Feb-15
P1666	Rivington Street EC2A	Footway Closure	Building Works	O/S Building No. 65	Opposite side of Footway	26-Jan-15	22-Feb-15
P1667	Worship Street EC2A	Road Closure	Crane Operation	From its junction with Appold Street to a point 55 metres north west of its junction with Norton Folgate (A10)	Via local signage	31-Jan-15	01-Feb-15
CONFIRMED RESTRICTION (MADE NOTICE)							
P1657	Dunloe Street E8	Road Closure	Traffic Management Work	(1). From its junction with Queensbridge Road in a easterly direction for a distance of 15 metres (2). From its junction with Queensbridge Road in a westerly direction for a distance of 15 metres"	Via local signage	12-Jan-15	28-Feb-15
P1656	East Road N1	Footway Closure	Building Works	North west side, Between points 48 metres and 128 metres north of its junction with City Road	Opposite side of Footway	12-Jan-15	06-Feb-15
P1662-1	Geffrey Street E2	Footway Closure	Building Works	East Side, Between points 55 metres and 80 metres south of its junction with Pearson Street	Opposite side of Footway	12-Jan-15	12-Apr-15
P1665	Mare Street E8	Bus Lane Suspension	UKPN Works	From its junction with Helmsley Street to its junction with Well Street	Not Required	17-Jan-15	18-Jan-15
P1655	Maury Road N16	Road Closure & Introduction of Two way	Traffic Management Work	From its junction with Evering Road in a north westerly direction for a distance of 20 metres	Via local signage	12-Jan-15	30-Jan-15
P1610-1	New North Road N1	Cycle lane Suspension	Installation of HV Cable	North east side, From its junction with Crondall Street in a south easterly direction for a distance of 65 metres	Not Required	12-Jan-15	08-Feb-15
P1662	Ormsby Street E2	Footway Closure	Building Works	West Side, From its junction with Pearson Street to its junction with Dunloe Street	Opposite side of Footway	12-Jan-15	12-Apr-15
P1619	Paul Street EC2A	Footway Closure	UKPN Works	South East side, From a point in line with the property boundary no 6/8 to a point in line with the property boundary no 10	Opposite side of Footway	12-Jan-15	16-Jan-15
P1664	Paul Street EC2A	Road Closure	Crane Operation	From its junction with Willow Street to its junction with Leonard Street	Via local signage	17-Jan-15	17-Jan-15
P1661	Plough Yard EC2A	Footway Closure	Hoarding Installation	From its junction with Bowl Court in a north westerly direction for a distance of 35 metres	Via local signage	12-Jan-15	11-Jun-15
P1663	Prestwood Street N1	Road Closure	Thames Water Works	From its junction with Taplow Street to its junction with Wenlock Road	Via local signage	12-Jan-15	26-Jan-15
P1654	Scrutton Street EC2A	Road Closure & Introduction of Two way	Installation of Temporary Site Cabins	From its junction with Curtain Road to its junction with Phipp Street	Via local signage	17-Jan-15	01-Feb-15

YOU CAN GET MORE INFORMATION AND MAKE COMMENTS ABOUT THIS PROPOSED AND MADE ORDERS BY CONTACTING THE HELPLINE ON 020 8356 2897

TRAFFIC

LONDON BOROUGH OF HACKNEY

THE HACKNEY (WAITING, LOADING AND STOPPING RESTRICTIONS) (MAP BASED) (AMENDMENT NO.*) ORDER 201*

THE HACKNEY (PARKING PLACES) (MAP BASED) (AMENDMENT NO.*) ORDER 201* TT1057

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Hackney proposes to make the above-mentioned Orders under the Road Traffic Regulation Act 1984 as amended.

2. The general effect of the Orders will be to introduce new carriageway cycle parking spaces in the following locations;

a) Clarence Road outside 70 to 74 replacing an existing shared use bay.

b) Clifton Street outside 110 Stapleton House replacing existing double yellow lines and pay and display parking.

c) Clifton Street outside 109 to 123 replacing existing pay and display parking bays. Replacement pay and display bays will be located at the western end of the remaining bays.

d) Phipp Street outside 1 to 11 Cosmopolitan House replacing existing double yellow lines.

e) Micwaber Street junction between Wharf Road & Thoresby Street: replacing existing double yellow lines.

3. Plans and schedules of the proposed measures can be inspected during normal office hours on Mondays to Fridays inclusive until a period of 21 days from the date on which this notice is published in the reception area, London Borough of Hackney, Keltan House, 89-115 Mare Street, London, E8 4RU. Further information may be obtained by contacting Helpdesk on 020 8356 2897.

4. Any objections or other representations about the proposed Orders should be sent in writing to the Assistant Director (Public Realm) at the address specified in paragraph 3 above until the expiration of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

LONDON BOROUGH OF HACKNEY

ROAD HUMPS - HIGHWAYS ACT 1980 - SECTION 90C

ROAD TRAFFIC REGULATION ACT SECTION 23

ZEBRA CROSSING (EVERING ROAD)

THE HACKNEY (WAITING, LOADING AND STOPPING RESTRICTIONS) (MAP BASED) (CONSOLIDATION) (AMENDMENT NO.*) ORDER 201*

THE HACKNEY (PRESCRIBED ROUTES AND 20 MPH SPEED LIMIT) (AMENDMENT NO *) ORDER 201* TT1043

1. NOTICE IS HEREBY GIVEN that the London Borough of Hackney, in accordance with the Section 90C of the Highway Act 1980 as amended proposes to make raised junction treatment, as detailed in the schedule 1 of this notice.

2. NOTICE IS HEREBY GIVEN that the London Borough of Hackney, in accordance with section 23 of the Road Traffic Regulation Act 1984 as amended, and all other enabling powers proposes to install zig zag markings in Evering Road near its junction with Maury Road as detailed in the schedule 2 to this notice.

3. Formalisation of existing north bound contra flow cycle lane along the existing one way section of Maury Road from Evering Road to Brooke Road.

4. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Hackney proposes to make the above-mentioned Orders under the Road Traffic Regulation Act 1984 as amended.

5. The general effect of the Orders will be to;

a) remove the no waiting at any time restriction on both sides of Evering Road either side of the junction with Maury Road to facilitate the introduction of a new Zebra Crossing

b) formalise existing north bound contra flow cycle lane and provide signage along the one way section of Maury Road from Evering Road to Brooke Road.

6. Plans of the proposed measures can be inspected during normal office hours on Mondays to Fridays inclusive until a period of 21 days from the date, on which this notice is published, in the reception area, London Borough of Hackney, Keltan House, 89-115 Mare Street, London, E8 4RU. Further information may be obtained by contacting Helpdesk on 020 8356 2897.

7. Any objections or other representations about the Order should be sent in writing to the Assistant Director (Public Realm) at the address specified in paragraph 5 above until the expiration of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

SCHEDULE 1

RAISED TABLE: SCHEDULE

Note: The carriageway will be raised to form a raised table in Evering Road. The ramp gradients will be between 1:10 and 1:15 and the maximum height of the hump will be 100mm.

Evering Road	With an overall width of 11m centred approximately 8m south west of the south western kerbline of Maury Road.
Maury Road	With an overall length of 10m from its junction with Evering Road

SCHEDULE 2

ZEBRA CROSSING INTRODUCTION

Evering Road	Install a new zebra crossing across Evering Road. Centreline of the crossing to be 8m southwest of the south western kerbline of Maury Road.

LONDON BOROUGH OF HACKNEY TT931

THE HACKNEY (PRESCRIBED ROUTES AND 20MPH SPEED LIMIT) (CONSOLIDATION) (AMENDMENT NO.21) ORDER 2014

NOTICE is hereby given that on 18th December 2014, the London Borough of Hackney made an above Traffic Orders under the Road Traffic Regulation Act 1984 ("the Act") and all other enabling powers.

1. The Traffic Order, which comes into operation on 12th January 2015, will

a) prohibit buses from Mare Street – Narrow Way between the junction with Dalston Lane and Bohemia Way whilst permitting pedal cyclists 2 way access

b) Amend the pedestrian zone

THE HACKNEY (WAITING, LOADING AND STOPPING RESTRICTIONS) (MAP BASED) (CONSOLIDATION) (AMENDMENT NO.16) ORDER 2014

THE HACKNEY (PARKING PLACES) (MAP BASED) (CONSOLIDATION) (AMENDMENT NO.14) ORDER 2014

NOTICE is hereby given that on 18th December 2014, the London Borough of Hackney made an above Traffic Orders under the Road Traffic Regulation Act 1984 ("the Act") and all other enabling powers.

2. The Traffic Orders, which comes into operation on 12th January 2015, will make permanent the waiting and loading restrictions that were introduced as an experimental order on 15th June 2013 and further amended on 5th May 2014 in:-

a) Dalston Lane between Lower Clapton Road Amhurst Road;

b) Amhurst Road between Dalston Lane and Mare Street and

c) Mare Street – Narrow Way between Dalston Lane and Bohemia Way.

3. Copies of the Orders, which will come into force on 12th January 2015, other relevant Orders, and other documents giving more detailed particulars of the Orders, can be inspected during normal office hours on Mondays to Fridays inclusive, until the expiration of a period of six weeks from the date on which the Orders are made, in the reception area, London Borough of Hackney Keltan House 89 -115 Mare Street London, E8 4RU. Further information may be obtained by contacting Helpdesk on 020 8356 2897.

4. If any person wishes to question the validity of either of the Orders, or of any provision contained therein on the grounds that it not within the powers conferred by the Road Traffic Regulation Act 1984 or that any requirement of the Act or of any instrument under the Act has not been complied with, that person may, within six weeks of the date on which the Orders are made, apply for the purpose to the High Court.

LONDON BOROUGH OF HACKNEY

THE HACKNEY (WAITING, LOADING AND STOPPING RESTRICTIONS) (MAP BASED) (CONSOLIDATION) (AMENDMENT NO.15) ORDER 2015

THE HACKNEY (PARKING PLACES) (MAP BASED) (CONSOLIDATION) (AMENDMENT NO.13) ORDER 2015 TT1050

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Hackney on 9th January 2015 did make the above-mentioned Orders under the Road Traffic Regulation Act 1984 as amended

2. The general effect of the Orders will be to;

a) Introduce a permit parking bay on Lammas Road outside the side of 58-80 Penshurst Road and extend the permit bay replacing a section of double yellow lines outside 58-80



Penshurst Road.

b) Introduce no waiting at any time restrictions on Lammas Road.

c) On Haggerston Street:

i) remove a section of the shared use bay at the junction of Lovelace Street and replaced with double yellow lines.

ii) replace the section of resident permit bay and double yellow lines outside Cashmere House to shared use bays 4 hour maximum stay no return within 2 hrs.

d) Replace a section of resident permit bay opposite 92 Oldfield Street with double yellow lines.

e) The times of operation for ambulance and taxi bays are to be amended as follows:

i) Taxi bay in Calvert Avenue – Change to no waiting at any time.

ii) Taxi bay in Chart Street – Change to no waiting at any time.

iii) Ambulance bay in Sylvester Road – Change to no waiting at any time.

iv) Ambulance bay in Mapledene Road – Change to no waiting at any time.

f) Change the maximum stay of pay and display and shared use bays from 2 hours to 4 hours at the following locations: Hoxton Street (F), Stanway Street, Pearson Street, Orsman Road, Hackney Road, Dawson Street, Purcell Street, Scawfell Street, Clunbury Street, Weymouth Terrace, Whitmore Road, Yorkton Street.

3. Copies of the Orders, which will come into force on 19th January 2015, other relevant Orders, and other documents giving more detailed particulars of the Orders, can be inspected during normal office hours on Mondays to Fridays inclusive, until the expiration of a period of six weeks from the date on which the Orders are made, in the reception area, London Borough of Hackney Keltan House 89 -115 Mare Street London, E8 4RU. Further information may be obtained by contacting Helpdesk on 020 8356 2897.

4. If any person wishes to question the validity of either of the Orders, or of any provision contained therein on the grounds that it not within the powers conferred by the Road Traffic Regulation Act 1984 or that any requirement of the Act or of any instrument under the Act has not been complied with, that person may, within six weeks of the date on which the Orders are made, apply for the purpose to the High Court.

LONDON BOROUGH OF HACKNEY

ROAD HUMPS - HIGHWAYS ACT 1980 - SECTION 90C TT1053

1. NOTICE IS HEREBY GIVEN that the London Borough of Hackney, in accordance with the Section 90C of the Highway Act 1980 as amended proposes to introduce raised carriageways, as detailed in the schedule 1 of this notice.

2. Plans of the proposed measures can be inspected during normal office hours on Mondays to Fridays inclusive until a period of 21 days from the date, on which this notice is published, in the reception area, London Borough of Hackney, Keltan House, 89-115 Mare Street, London, E8 4RU. Further information may be obtained by contacting Helpdesk on 020 8356 2897.

3. Any objections or other representations about either of the Orders should be sent in writing to the Assistant Director (Public Realm) at the address specified in paragraph 2 above until the expiration of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

SCHEDULE 1

RAISED TABLES: SCHEDULE

Note: The carriageway will be raised to form a shared surface. The ramp gradients will be between 1:10 and 1:15.

Downs Road	From the junction with Powell Road for the a distance of 6.5m.
Powell Road	From the junction with Cricketfield Road for a distance of 12.5m.

Unless otherwise stated all traffic notices are as follows: Dated this 12th day of January 2015 Tom McCourt, Assistant Director (Public Realm) (The officer appointed for this purpose)



PLANNING

LONDON BOROUGH OF HACKNEY NOTICE UNDER THE TOWN AND COUNTRY PLANNING ACTS AND RELATED ORDERS

EC1V

201 City Road London EC1V 1JT Alterations to the existing shopfront including the insertion of aluminium panels, leaded glazing, concertina windows, canvas awning and cassette and recessed doors. 2014/4072 Affects the Setting of a Conservation Area

356 Old Street London EC1V 9NQ Variation of Condition 3 of planning permission 2011/3260 (Hours of Operation) to extend hours of opening to: 11:59 hours Sunday to Thursday and to 2.00am hours Friday and Saturday 2014/4150 Major Development

EC2A

30 1-6 Bateman's Row London EC2A 3HH Internal amendments to consented Planning approvals 2011/3063 and 2014/1657, including the addition of an increased footprint 7th floor extension. 2014/3411 Affects the Setting of a Conservation Area

Citfin House 73 Great Eastern Street London EC2A 3HR Refurbishment of existing office building (Class B1) including replacement windows and doors and alterations to the facade; demolition of existing mansard roof and erection of replacement fourth floor level; installation of plant at roof level. 2014/4021 Affects the Setting of a Conservation Area

E1

125 Shoreditch High Street London E1 6JE Removal of existing Uvpc window at 4th floor and replace with casement timber window and cast stone sill and external repairs to window reveals. 2014/3843 Affects the Setting of a Conservation Area

125 Shoreditch High Street London E1 6JE Removal of existing Uvpc window at 4th floor and replace with casement timber window and cast stone sill and external repairs to window reveal in association with 2014/3843 2014/3902 Affects Setting of a Listed Building

E2

41 Boundary Street London E2 7JG Erection of two storey roof extension at fifth and sixth floor level in order to provide additional floorspace within existing residential unit. 2014/3908 Affects Setting of a Listed Building

Geffrye Museum Kingsland Road London E2 8EA Installation of new internal and external CCTV cameras; installation of new external public address speakers and replacement of existing intruder detection system. In association with Listed Building application 2014/3933. 2014/3932 Affects the Setting of a Conservation Area

4 Whiston Road London E2 8BW Replacement of existing timber framed windows with uPVC framed windows 2014/3944 Affects the Setting of a Conservation Area

4 Cremer Street London E2 8HF Change of use of existing retail unit (use class A1) to a 1 bedroom studio flat (use class C3) 2014/4020 Affects the Setting of a Conservation Area

E5

37 Reighton Road London E5 8SQ Excavation of front and rear lightwells and conversion of basement to provide ancillary residential space (two bedrooms and a toilet) 2014/3582 Affects the Setting of a Conservation Area

71 Reighton Road, London E5 8SQ Conversion of basement into a 1 bed self-contained flat and excavation to create front and rear lightwells 2014/3971 Affects the Setting of a Conservation Area

E8

46 Eleanor Road London E8 1DN Erection of single storey side extension at second floor level in order to create additional floorspace for existing residential unit. 2014/2453 Affects the Setting of a Conservation Area

17-19 Mare Street London E8 4RP Roof extension to form 1 X 2 bed room flat with front balcony 2014/3156 Affects the Setting of a Conservation Area

Cashier UK Ltd 393 Mare Street London E8 1HY Display of two externally illuminated fascia signs and one internally illuminated projecting box sign (425mm x 900mm x 135mm) at fascia level 2014/3436 Affects the Setting of a Conservation Area

38B Colvestone Crescent London E8 2LH insertion of slate tiles to replace existing concrete tiled roof, repaint existing exterior walls with similar white render finish to brickwork and repair broken guttering and window sill on upper ground floor flat. 2014/3639 Affects the Setting of a Conservation Area

482 Kingsland Road London E8 4AE Erection of a ground floor canopy structure to the rear of the building. 2014/3649 Affects the Setting of a Conservation Area

3 Glebe Road London E8 4BD Erection of additional floor above 2nd floor to form 2x1 and 1x2 bed flats with balconies, new balconies to 2nd floor level alterations to external facade 2014/3757 Affects the Setting of a Conservation Area

22 Greenwood Road London E8 1AB Erection of full-width single storey rear extension at first floor level. 2014/4038 Affects the Setting of a Conservation Area

11B Montague Road London E8 2HN Retention of works comprising enlarged rear first floor window, alterations to change rear ground floor window to French doors and creation of new rear window to side wall of outrigger at first floor level. 2014/4069 Affects the Setting of a Conservation Area

12 Broadway Market London E8 4QJ Change of use of the ground and basement of the property from Sui Generis (launderette and minicab office) to A3 restaurant use on the ground floor and minicab office at the basement. Proposed opening hours: 8:00 hours to 23:00 hours Monday to Sunday including bank holidays. 2014/3789 Affects the Setting of a Conservation Area

60 Shacklewell Lane London E8 2EY Erection of a single storey rear extension at ground floor; extension of the existing rear staircase above the proposed ground floor roof extension with new metal railings. 2014/3797 Affects the Setting of a Conservation Area

442 Kingsland Road London E8 4AE Partial change of use of the A2 unit at ground and basement level to C3 (self-contained studio flat). The proposed development will provide an A2 unit at ground and basement levels and a self-contained studio unit at ground and basement levels. The application also proposes alterations to the existing elevations. 2014/3909 Affects the Setting of a Conservation Area

35-37 Kenmure Road, London, E8 1JU Demolition of existing building and erection of three storey building to provide twoA1 (retail units) at ground level and 2 residential units on upper floors comprising 1x3 and 1x4 maisonette flats with front and rear balconies 2014/3974 Affects the Setting of a Conservation Area

2B Graham Road London E8 1BZ Insertion of a new door and window at ground level entrance, to replace the existing garage door and entrance door. 2014/4005 Affects the Setting of a Conservation Area

242 Kingsland Road London E8 4DG Submission of details pursuant to condition 16 (contamination validation) of planning permission 2011/3042, dated 28/03/2012. 2014/4017 Major Development

E9

66 Southborough Road London E9 7EE Demolition of existing ground floor rear extension and erection of a part-1, part-2 rear extension 2014/4117 Affects the Setting of a Conservation Area

N1

4- 6 Nile Street London N1 7RF Conversion of existing roof area into roof terrace, extension to lift shaft and erection of steel canopy to roof 2014/3811 Affects the Setting of a Conservation Area

16 Hertford Road Postal address is 22-24 Hertford Road London N1 5SH Alterations at ground, first floors and roof level to form an office space, exhibition space and artist studios. Alterations include insertion of roof vents, insertion of boiler flues through the roof, installation of internal staircase, and alterations to door openings including reinstatement of external door on eastern elevation at ground floor level. 2014/4096 Affects Setting of a Listed Building

Cairo Studios 6 Nile Street London N1 7RF New entrance door to ground floor front and external alterations to front facade. 2014/3810 Affects the Setting of a Conservation Area

London Borough of Hackney Notice under the Town and Country Planning Acts and Related Orders The Applications can be inspected between 9am and 5pm at 1 Hillman Street London, E8 1DY. They can also be viewed on the following website: www.hackney.gov.uk/planning. Representations should be made in writing within 21 days to the Development Control Manager, 2 Hillman Street, London, E8 1 FB. All representations will be acknowledged in writing.

John Allen Assistant Director Planning 12-01-2015



PUBLIC INQUIRY

On Tuesday 3 February 2015 at 10.00am

(Expected duration 3 days)

At The Attic, Picturehouse, 270 Mare Street, London, E8 1HE

REASON FOR INQUIRY

Appeals by Mr Y Grossberger (Appeal A), Wiseheights Ltd (Appeal B) and Satmar Ltd (Appeals C & D)

Against an enforcement notice served by the Council of the London Borough of Hackney on 13th July 2011 and a planning application refusal of 5th September 2013

The notice (the subject of appeals A, B & C) alleges: Without planning permission, the change of use of the dwellinghouse to use [as] a synagogue together with erection of a single storey extension to the rear of the property, Without planning permission, the change of use of the dwellinghouse to use a synagogue together with erection of a single storey extension to the rear of the property.

AT 57 Bethune Road, London, N16 5EE.

The application description (as described by the Council and the subject of appeal D) is:

Retention of change of use of the ground and mezzanine floor of single family dwelling to a synagogue (use class D1) with 95 seating capacity, retention of a single storey ground floor rear extension with alterations to roof form, and erection of rear dormer extension and installation of front roof lights to provide a 4-bedroom family unit on the first floor and attic. Opening hours for the synagogue for prayers between 08:00 and 10:00 hours at weekdays and between 08:00 and 12:00 hours at weekends and private study by small group of 2 or 3 people 24 hours a day.

AT 57 Bethune Road, London, N16 5EE.

An Inspector appointed by the Secretary of State under paragraph 1(1) of Schedule 6 to the Town and Country Planning Act 1990 will attend at the place, date and time shown above to decide the appeals.

Members of the public may attend the inquiry and, at the discretion of the Inspector, express their views. If you are disabled or anyone you know who wants to go to the inquiry is disabled, contact the Council to confirm they can make proper arrangements such as parking spaces, access, seating arrangements and so on.

Documents relating to the appeals can be viewed at the Council's offices by prior arrangement.

Planning Inspectorate References:

(A)APP/U5360/C/11/2159648,(B)APP/U5360/C/11/2159705,(C)APP/U5360/C/11/2159799 & (D) APP/U5360/A/14/2214779

Planning Inspectorate Contact:

Andy Lumber, Temple Quay House, 2 The Square, Temple Quay, Bristol, BS1 6PN. Tel: 0303444 5421



LICENSING

Notice is given that **London Borough of Hackney** applied to HACKNEY COUNCIL for a premises licence at: 25 – 27 Curtain Road London EC2A 3PN

In order that the following licensable activities can take place: Performance of films, plays, live music, recorded music, dance and similar performances.

Sunday to Wednesday 10:00 until 23:00

Thursday to Saturday 10:00 until 00:00

Service of late night refreshments

Sunday to Wednesday 18:00 until 23:00

Thursday to Saturday 18:00 until 00:00

Supply of alcohol for consumption on the premises

Sunday to Wednesday 12:00 until 23:00

Thursday to Saturday 12:00 until 00:00

General Hours Open to the Public

Monday to Saturday 08:00 until 00:00

Sunday 09:00 until 23:00

The licence register listing details of the application is held at the Licensing Service, Hackney Service Centre, 1 Hillman Street, London E8 1DY (Tel No. 020 8356 4970). Details are also available on-line at www.hackney.gov.uk/licensing

Any representations against this application must be made in writing and received by the Licensing Service at the above address, by no later than the 31st January 2015

Residents and businesses in the vicinity of the premises, or their representatives, may make representations on licensing objectives grounds only, i.e. the prevention of crime and disorder, the prevention of public nuisance, public safety and the protection of children from harm. Copies of all representations will be sent to the applicant. It is an offence, liable on conviction to a fine up to £5000 for an applicant to knowingly or recklessly make a false statement in connection with the application.

STATUTORY NOTICES

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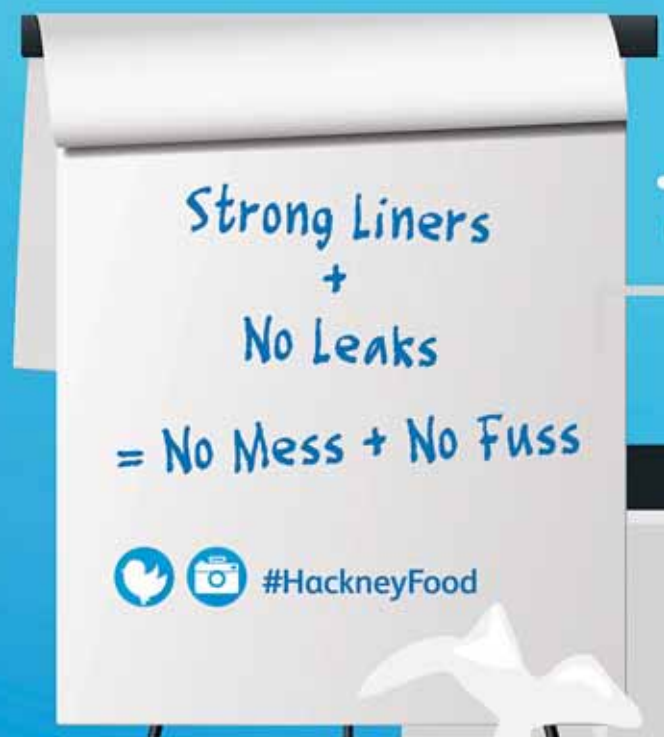
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